

EXPERIENCE JAPAN IN NEW YORK CITY

CHOPSTICKS

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FREE

NEW YORK

SAKE, SHOCHU, TEA —

Time for Indulging in
Japanese Drinks

SPECIAL INTERVIEW

Atsushi Yamada (Conductor, Artistic Director)

www.chopsticksny.com



Drinking BORN sake will bring you visions of the future

梵
Born®

The name "BORN" means "purity" and "drinking truth" in Sardinia. It also means "birth to the future" and "creativity". The word also represents the brewery's strong belief that, "a bright future awaits for those that put in the effort, and as long as one is alive, one can always reset their life no matter how many mistakes they make."

Katoukichibee Shouten, the brewery that produces BORN is located in Sabae City in Fukui Prefecture. Historically the town was a flourishing place as it was a temple town in the 15th century, and became a castle town in the 18th century. Sabae City was also famous as a town filled with artisans making a rich with traditional crafts like lacquer, ceramics, Japanese paper, and cutlery, which have all been passed down for generations in the family of the craftsmen. In a town rich with craftsmen DNA, Katoukichibee Shouten established itself 150 years ago and is now in its 11th Generation.

The brewery began originally with the hope "to make sake loved by the locals and put smiles on them", and has evolved their focus on producing the best beverage in the world. Currently, the brewery only produces Junmai type sakes (There are more than 50 types, including the Junmai Goro under the BORN brand). Each bottle produced at the brewery is 100% additive free. Using underground water from the Hakusan Mountain range, pumped from a well 184 meters deep and exclusively using the best sake rice, Yamada-no-Hisakazu and Gohyakumangoku, the brewery produces their sake with their original yeast. The average saking rate of the brewery's sake is less than 40%, and they go through a long-term fermentation stage at drinking point. Then, they are

brought to us after a strictly monitored quality control.

BORN has received high reviews and awards from international competitive showcases numerous times. Domestically, the sake is served at banquets for welcoming state guests, as well as used as the official sake for important national functions. The deep, wonderful aroma and the solid, yet gentle taste of "BORN Dreams Come True", a Junmai Daiginjo, is the result of the 5 year fermentation process at drinking point. The unspiced sake, "BORN Muraki Natsugensho" is a Junmai Daiginjo that matured for a year at the extreme low temperature of about -10-15 degrees Celsius. "BORN Wing of Japan", with a sophisticated aroma that's soft and deep, is a result of being matured for two years at 0 degrees Celsius. In this manner, the BORN brand is a lineup of exceptional quality sakes. Among these sakes, "BORN Wing of Japan" is the official sake served on board the special Japanese government aircraft used by the Emperor and Prime Minister. Also, it was chosen as the official in-flight sake, served to the first class travelers on the recently renewed Japan Airlines (JAL) routes between Osaka and New York and Osaka and San Francisco. BORN sake is imperative for new beginnings and welcoming the new era. It is perfectly suited for New Yorkers who are carving out their own lives in order for their individual dreams to come true.

Katoukichibee Shouten
www.born.co.jp



BORN The Earth



BORN Wing of Japan



BORN Teikoku
Junmai Daiginjo



BORN Dreams Come True



BORN Ino Ryō



BORN Muraki
Natsugensho



[October 2008, Vol. 018]

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The Name of the Game of this month's issue is "Chopsticks". Check out page 18 to find out more about Chopsticks!

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MY DREAM IS TO GIVE ASIAN ARTISTS THE CHANCE TO SUCCEED MUCH LIKE I GOT.

— **ATSUSHI YAMADA**

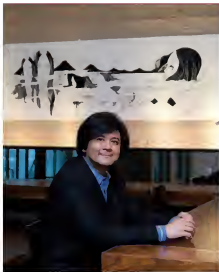


Photo shot by Loren Chang of Annapolis Renaissance (2013) Madison, IL, USA

ATSUSHI YAMADA is the Artistic Director of New York Asian Symphony Orchestra, as well as its Principal Conductor. He is the first Japanese conductor in the history of the New York City Opera and only the second Japanese conductor at Lincoln Center (after Seiji Ozawa). Born in Japan, he is a graduate of Waseda University.

Maestro Atsushi Yamada is the first Japanese artist to conduct for the New York City Opera, and only the second Japanese to conduct at Lincoln Center. This talented and self-taught musician defied all odds – a Mineralogy major at Waseda University, he honed his skills as an “amateur” for years after graduating, won a chance audition in New York City led him to the forefront of the conducting profession. He graciously spoke to Chopsticks NY about his career, the upcoming New York Asian Symphony Orchestra performance, and his plans for the future.

You never once attended Music School, and your University major was in Mineralogy – how did you end up choosing the path of a musician?

That's a very long story [laughs]. I'll try to be brief about it. When I was at Waseda University, I met my teacher Maestro Yoshida Fukunaga. He was the conductor of the university's Glee Club, of which I was a member. I first became interested in conducting as I watched him direct the singers in the club, and I tried to learn as much as I could by also watching him conduct the orchestra and opera performances. While at university, I expressed my dream to also become a conductor. Unfortunately my teacher didn't think it was a viable career and advised me against it. I listened to him – not having attended a conservatory it was probably the most practical advice at the time. But it was when my teacher passed away that I was inspired to pick up the torch and continue conducting. I did it, in many ways, to honor his legacy.

Please tell us about how you became a conductor for the New York City Opera.

I spent a number of years after University as an artist-

mus for BM and then for Sony Life Insurance. My schedule allowed me to pursue music in my spare time on the amateur circuit—conducting the Tokyo Academic Symphony and the Choral Philharmonic Association were my earliest experiences, which culminated with organizing the concert series for the Great Hanshin Earthquake Relief, and also being invited by the Consul General of Japan in Honolulu to conduct at the U.S.-Japan Goodwill Concert of Prayer for Peace (the 50th anniversary concert marking the end of World War II). After these experiences, I was looking to grow again, but I wasn't sure that starting over at a conservatory in Japan was what I wanted. I came to New York because I was toying with the idea of applying to either Juillard or the Manhattan School of Music. While I was in town, I heard of an opportunity to assist the Music Director of the New York City Opera, Mireira George Meneses. I auditioned for her, and was accepted—this was the beginning of my experience with New York City Opera—about a year later I was conducting for the U.S. tour and soon after at Lincoln Center.

It is a very rare occurrence to have a Japanese conductor join the New York City Opera—did you find that you had to struggle?

Actually, in terms of the music, I felt no struggle per se, as I was doing and pursuing what I always wanted to do. So all those years of conducting it has never been a struggle—it has always been an enjoyable journey. I have learned so much during my time at the New York City Opera. I had the chance to watch Maestro George Meneses conduct and learn how he handled an orchestra. I also witnessed incredible productions at Lincoln Center and all over the city. No struggle at all! Perhaps I had to struggle a bit by speaking English when I first got here [laughs].

So what were these fun experiences—things you could not have experienced in Japan—that you would like to tell us about?

Well, when I arrived about New York City and the US is that you are judged on your talent, not just your pedigree and reputation. I find that there is more equal ground here for talented people with little experience to get noticed as much as talented musicians who have had a little more traditional training. What bothered me about pursuing my

career in Japan was that there is still a very traditional system in place there, where your skill—as well as the level of respect you receive—is determined by the school you have attended, or even the company you work for. It's not like that here in New York City. I would not have achieved what I did if I wasn't here.

Can you tell us a little more about the event you are currently producing with Asian musicians?

We started New York Asian Symphony Orchestra in 2005 to give young Asian musicians—representing all the countries of the world—an opportunity to perform at a professional level in some of New York City's most famous venues. By exposing young artists to this level of production, it gives a boost to artists who are struggling or just starting out. What I want to give young artists is hope. So many talented young musicians are out there—that's both great for the profession but also makes it very competitive. Making a living at it is difficult, and it can be especially tough for anyone's confidence to go on auditions after auditions—the very underrepresented artists have a chance to show their stuff with more established professionals and get the exposure they deserve.

Any dreams for the future?

My dream is to give Asian artists the chance to succeed much like I got, through programs like New York Asian Symphony Orchestra. That would be great. Personally, I will always enjoy conducting, but my own dream is to continue producing concerts and



creating more opportunities for talented musicians to pursue their dreams. I'm also putting a lot of energy into my production team for young artists at Peninsula Arts Management International Division. I want to keep evolving—not being stuck doing one thing for ever is certainly something I think about constantly.

Finally, for Chopsticks NY readers who are interested in Japan, is there a place that you would recommend for people to go? And why?

There is one place in Japan that I absolutely adore. It's called Fukuoka (the capital city of Fukuoka Prefecture in Japan). It's incredibly beautiful there, and the history and culture of the area is precious. It is really unlike a lot of parts of Japan, especially the more modern areas, and I find it to be incredibly relaxing and inspiring to spend time there. It's definitely worth a visit. I'll be going there at my next trip.

—Interview by Nobu Nakasugi

ABOUT NYASO

On September 24, 2008—the Mireira Meneses's birthday—the New York Asian Symphony Orchestra will open its Fall Season with a performance of Beethoven's Symphony No. 3 and Piano Concert No. 6 at the New York Society for Ethical Culture. Following an orchestra of 50 young musicians from all over the world, this series will expose audiences to new talents performing alongside world-renowned professionals and soloists.

Maestro Yamada will conduct the season opener, which will feature a special guest—the acclaimed pianist Misha Hozumi. The perfor-

mance will kick off an incredible program that also includes works by composers such as Prokofiev, Mendelssohn and Barber. Musicians will be all over New York City, including the New York Society for Ethical Culture and Alice Tully Hall at Lincoln Center.

The NYASO will also host its "KIDS @ NYASO" series this year on October 18th and March 31, 2009, focusing on introducing children to classical music. This year's piece is the Prokofiev's "Peter and the Wolf," the classic children's story that is as much a delight for the ears as well as for the imagination.

For more information about the concert schedule, visit www.nyaso.org.

Product

Takeda Brush: The Latest Must Have in Fashion and Beauty

Have you ever had trouble getting the blush perfectly even, or experienced irritation or sensitivities to makeup? I bet you never imagined your tools could be the problem. In fact, a single makeup brush can make all the difference in how you feel and how you look.

Specializing in make-up brushes, **Takeda Brush** has been producing their expertly crafted products since 1942. The company is located in Kamino, Hiroshima, the origin of Kamurohade, a school of Japanese traditional calligraphy brush making. It is also the traditional basis of Takeda Brush Company. Now manufacturing over 800 different kinds of brushes, their products are loved about in the fashion and cosmetic industries. They are being used nationally and internationally, from Kabuki theater to Chanel USA and in the studio of Christophe Robin, one of the top makeup artists in France.

The brushes are favored for their perfectly tapered natural bristles that is not only soothing and gentle on the skin, but also creates even, natural-looking results. The 100% natural hair used for the brush is gentle

enough for the most sensitive of skins. One of the most popular products is the Lip Brush made with 100% weasel hair, which stays together when being applied to the lip so that anyone could draw a smooth perfect line. Another popular item is Tsubaki (about \$275), a 7 piece kit that comes with beautiful red handles. Whether you just want a great portable lip brush (around \$14) or a set of brushes starting from around \$100, Takeda Brush, can fulfill all your makeup brush needs.



Select products from Takeda Brush will be for sale starting October 10th as part of "Season of Japanese Beauty Week" at the Japan's exhibition in Palisades Garden House, 1300 54th St., New York City.

Info: **Takeda Brush** www.takeda-brush.com (Japanese only) **JapanC** www.jpamc.com

Health

Personalize Your Path to Wellness with Natural Medicine, "Kampo"

Specializing in Japanese traditional medicine from shinto to natural medicine, the **Ms. Yuko Nozaki Center** offers various ways to heal your body. Here, Ms. Yuko Nozaki, a Chinese Herbalologist and acupuncturist certified by NCCAOM, offers her concoction of kampo, or medicinal herbs, personalized to help restore your body to its optimal condition.

"Take the nutrients in vegetables, when raw, the medicinal properties of the herbs are at their best. Every person has a different body, and therefore different reasons for their symptoms. That's why natural medicine addresses each problem case by case. Natural medicine is about the combination and ratio of herbs specific to each person, creating a balance. It's all about restoring balance," explains Ms. Nozaki.

Diagnosis starts slowly such as examining the eyes and the tongue. "A person's eye is like a window to their internal organs," says Ms. Nozaki. Then she listens to what is going on around the person's life, as mental health is also an important factor. Natural medicine is effective for everything from a regular cold to constipation to serious illnesses. About 40% of women who

come to Ms. Nozaki come in for reproductive irregularities, which are common in women living in urban areas to higher stress levels. Stress can affect men, too. Ms. Nozaki notes, many men with ED are not always comfortable talking about it, but it is more common than not in high stress environments. Natural medicine allows you to deal with your problems without exposing the body to chemicals that maybe toxicous to healthy organs, and cause side effects.

The consultation only costs \$20 and depending on the condition, the personalized kampo range from \$50 to \$150, for a two weeks supply.



Ms. Yuko Nozaki will find the best formula of kampo for your health.

Ms. Yuko Nozaki Center
9 E. 45th St., 8th Fl. (bet. Madison & 5th Ave.)
New York, NY 10017
Tel: 212-585-5586 | www.yukonozaki.com

From Japan

Revolutionary Meat Flakes are a Scrumptious Addition to Any Meal

The Japanese are well known as food innovators, and the groundbreaking offering "Gyu Taro Flakes" from Hokkaido-based Tokachi Slow Foods, further adds to this tradition. This product is top-level, specially processed meat flakes that melt in your mouth. They can be eaten raw on top of rice, pasta or sushi to make a delicious treat and be frozen for up to a month. Thus only possible due to the superior quality of meat from the Born Free Farm based produced by Tokachi Slow Foods.

Born Free Farm meat takes utmost pride in the way its cows are raised, feeding them "physiologically optimal feed" for cows. Also, the company uses as little chemical fertilizer as possible and no agricultural chemicals. Due to a recent rash of food safety issues in Japan, this is a product that customers can be comfortable with. This sense of security is evident by the fact that there is a waiting list for these flakes due to popular demand.

However, in addition to the confidence customers can have in the product's purity, it is a working man's meal for its ingenuity. Some customers have compared its consistency to that of fatty tuna (toro) and say its taste is

similar to that of the Japanese dish of tuna and scallions. Just looking at pictures of Gyu Taro flakes sprinkled on top of various dishes will make your mouth water, so here's hoping they make it stateside soon.



Eating raw beef might scare you, but it is both a delicacy in Japan. Only super high quality meat can satisfy finicky Japanese consumers.



Info: Tokachi Slow Foods
www.gyutaroslowfoods.com
tokachi@gyos.com

Book

Misako Rocks!: Inspiring All Girls Through Manga

After much anticipation, *Misako Rocks!*, a fun Misako Takekuma's third book from Henry Holt, "Detective Jemman," came out this month. Not only teenagers, but manga loving girls of all ages who are captivated by the heroic girl character and the beautiful illustrations in *Misako Rocks!* stories, are once again flocking to book stores to be inspired.

In the past, *Misako Rocks!* drew on her own life experiences of leaving her homeland to come to the US (because she had a huge crush on Michael J. Fox) as an exchange student when she was only a teenager. This time, her new title "Detective Jemman" has a new kind of hero, an American teenager. Jemman is a 17 year old girl whose parents are famous detectives. With her buddies, she decides to take care of the mysteries surrounding her world, while she also deals with friendships and family issues. To create realism, she interviewed actual high school students and observed a few high schools to make the story relatable to kids that go to school in the US.

Combined with the adorable illustrations and plenty of pure romantic scenes, her mangas are simply irresistible to the XX chromosomes. "In short, you

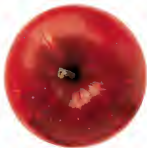
might say "girl power", but in my stories my characters struggle with their issues just like everyone else but they don't give up," Misako Rocks! explains.

"I want the young girls who read my stories to feel inspired and to be encouraged to bring about action!" says Misako Rocks!, who encourages children even outside of her manga work by taking time out of her busy schedule to participate in NYNYA, a volunteer-based organization teaching Japanese culture to children throughout NYC.



"Detective Jemman" can be found in most major bookstores.

Misako Rocks! at NY Anime Festival on Sept 27th.
Presenters: 5:30 to 7:30pm - Autograph: 8:00 to 7:30pm
Washington Booth will sell her books during the festival
Info: www.misakorocks.com / www.gyos.com/tokachi@gyos.com



Big in Japan, Cool in New York

Japan^c represents all that Japan is today: Cool, Cute, Clever and Creative.

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At the historic Felissimo Design House

10 W. 56th Street, New York City

This groundbreaking showcase features a selection of Japan's most interesting products. Japan^c will be part design exhibition, part bazaar and part trade fair. Over the course of 11-weeks, more than 70 diverse firms will be presenting and demonstrating their unique wares ranging from home and fashion accessories to stationery, food, beauty and pop-culture products.

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Monday – Saturday, 11am – 6pm

Visit www.japan-c.com for a full schedule of events.

Japan^c

sake shochu tea

TIME FOR INDULGING IN JAPANESE DRINKS

8 SAKE: A FEW STEPS FOR BETTER ENJOYMENT OF SAKE

Featured sake: Chokkai Junmai Daiginjo (Tenjo Brewery), Densetsu Matsukura Tokubetsu Junmai (Akita Sake Co., Ltd.), Hideochi Akimoto Junmai Ginjo (Suzuki Shuzobun), Harayuki Yamashiro Junmai Ginjo (Nabe Shouten Brewery), Marubito Karato Junmai Ginjo (Hosomura Jozo Co., Ltd.), Daisai 23 Junmai Daiginjo (Asahi Shuzo), Ume No Yado Bizen Otsuchi Junmai Daiginjo and Ume No Yado Junmai Ginjo (Ume No Yado Brewery), Kagefuchi Junmai Daiginjo Ai (Fukunishige Sake Brewery), Ugo no Tsuki Tokubetsu Junmai (Aikawa Shuzo Co., Ltd.), Surugi Junmai Ohi Kinsokichi (Asahiniki Co., Ltd.), Chiyomatsuri Tokubetsu Junmai (Chiyomatsuri Sake Brewery Co., Ltd.) Hekuro Saishu Junmai Ginjo (Tokuyamagi Brewery), Tamaohikari Junmai Daiginjo (Tamaohikari Sake Brewing Co., Ltd.), Sakigisho Junmai Daiginjo (Toshinaga Sake Brewery)

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SAKE

A few steps for better enjoyment of sake

Key words that make your sake experience more colorful

daiginjo Sake is purely made from rice, water, and non-amyloid and sometimes distilled alcohol is added. One of the factors that determine the flavor is the degree of rice which is polished off. The sake classified in the daiginjo category has less than 58% of the original rice grain remaining. The "percent of remaining grain size" or "seimibai" as this is called, is an important indication of how a sake will taste. So if you find a sake labeled 30%, this would be a daiginjo sake because 70% of the rice was milled off leaving 30%. The lower the number the smaller the grains. In general, the smaller number takes you more fragrant, elegant, and better consumed chilled.

ginjo The same formula applies for daiginjo category. This is the sake whose "percent of remaining grain size" is less than 60%, which means more than 40% of the rice grain is milled away. Some distilled alcohol might be added.

junmai Literally meaning "pure rice", junmai sake refers to sake brewed only from rice, water, and rice koji, and had no extra alcohol added during the brewing process. This type of sake tends to keep the

solid rice flavor.

junmai daiginjo Is defined as "sake brewed only from rice, water and rice koji and using rice milled more than 58%." Brewing junmai daiginjo is more difficult and requires a higher level of technique, therefore, generally considered the highest quality sake.

junmai ginjo If a sake is labeled junmai ginjo, it is made from only rice, water and rice koji. The rice is milled for more than 40%.

nama The term means "unfiltered" but in this case, it specifically means "not fine filtered with charcoal." It retains the freshly squeezed sake taste. Sakes shipped either the prebottling or filtering process, as both, allows the rice's richness to remain in the aroma, flavor and sometimes color.

negai Is a coarsely filtered sake in which the unfermented portion of the rice is left, giving the sake a cloudy white color as chunks of rice floating inside. Since the rice are still working in the sake even after bottled, some ragers are sparkling. Just be careful when you open it.

komoto Is one of the oldest traditional methods used in sake brewing. This system uses lactic acid bacteria that cultures in the sake naturally instead of using artificial ones. It requires a much longer time to make with more crops and labor as the bacteria are cultivated by hand. Although it's extremely difficult to carry out this process, the sake employing komoto style has solid body and a distinct flavor, the way all sakes used to taste.

yamahai Is a short form of "yama-arashi-bancho-moto." This style is quite similar to komoto in terms of the processes. Its name comes from the elimination of one of the processes called "yama-arashi", the most difficult part in komoto style brewing, thanks to a scientific discovery made about 90 years ago. Much like komoto style sake, yamahai style sake is full bodied, deep, and rich flavored.

Numbers help you sort out your brain

Acidity The number indicates the amount of organic acid such as lactic acid, succinic acid, and malic acid in the sake. Acidity affects the degree of sweet-

ness of sake you perceive. The higher the acidity, the less sweetness you taste.

Sake meter value The number tells how much sugar is contained in the sake. It is measured by relative density compared to water, which has 0 (zero) value, and indicated by + (plus) or - (minus) followed by a number. The higher the number, the drier the sake and the lower number the sweeter the sake. Usually, dry sake values around +5, a medium dry ranges from +1 to +4. Sweet sake even goes lower than -5. As mentioned above, acidity also plays a role in how you perceive the flavor. If the sake has high acidity, the flavor tends to seem drier, and vice versa.

Mystery of temperature

Finding the optimal temperature for sake is much more complicated than it is for wine. Generally, fragrant sake, like daiginjo, is best consumed cold (from 7-12 degrees Celsius) because its subtle aroma can evaporate if heated. However, the best temperature for each sake depends on the sake. Most of the time, you can enjoy different flavors out of one sake, with various temperatures. Trying it in different temperatures and finding your favorite flavor could be a fun way to discover the depth of sake. For example, if you order a bottle of daiginjo sake for your dinner, try it chilled at first. Then leave it on the table rather than putting it back in the ice bucket. As the sake's temperature approaches room temperature, you can taste the changes in its flavor.

Some sake releases its flavor better at hot temperatures. In general, komoto or yamahai style sake, that has solid body, often shows off its fullness when heated. But again, this is not always the case. So, what's the deal with "junmai daiginjo brewed in yamahai style," you ask? There are no general rules when you get to this level. The best thing to do is to seek advice from sake sommeliers or sake experts in restaurants, bars, and is quite okay. Or if you are adventurous enough, just try them in different temperatures and find out for yourself!



Illustration by J. K. Kuroki

ASPEC-group introduces 15 premium sake from Akita: "The Empire of Beautiful Sake"

—Linda Noel Kawabata, Akita Sake Promotion & Exporting Council (ASPEC)

Akita is celebrated by the Japanese for its natural beauty, lively festivals, delicate handicrafts, renowned hot springs, unusual, more unusual visitors, delicious seasonal dishes and what Ranking fourth in total sake production, Akita is one of Japan's most important sake producing states. The Akita Cold Brewing method ensures a smooth, full-bodied taste with memorable character. The people of Akita are so proud of their sake that they refer to the region as *haha okoku* or the "cradle of beautiful sake."

Of the more than 1500 breweries in Japan,

only a handful continuously produce grid medal sake every year. ASPEC is a consortium of 5 such award-winning breweries from Akita, Japan who have joined up singularly being in America the best of their brewery and collectively to bring to America the best of Akita sake. These breweries are: Akita Seishu Co., Ltd., Dewatsuru Brand, Honomaru Co., Ltd., Manabito Brand, Naka Shinsen Brewery, Honjo Brand, Teiya Brewery, Chikahara Brand, and Suzuki Shirozumi, Hubyoshi Brand. Each brewery made stuff of abundant natural resources: the purest water, and rice especially grown in naturally fertile soil. ASPEC brewers partner with artists to create sake that is balanced, elegant, delicious — The distilled essence

of the nature that surrounds them.

15 wonderful sake varieties will be available for sale in the US from October 1st. They range from rare limited editions *Agari Juman Daigyo* an ornate gift boxes to easily accessible Kamoto Juman Genshi in 300ml bottles to a Yamahai Nami Genshi sake in a cool, modern aluminum "bunk" that is sure to be a hit. Ask for these sake at the restaurants and retail stores you frequent. KANPA!



Akita Sake Promotion & Exporting Council

Linda's Pick



CHOKAISAN Junmai Daigyo

Its perfume, pure and floral fragrance comes from flower petals! This Junmai Daigyo is masterpiece in its balance. Pure perfectly with apricot, vibrant taste, rich, gentle milky texture and sheen.
Alcohol 15-16%
SMV +1, Acidity 1.4

Teiya Brewery
www.teiya.co.jp



DEWATSURU MATSUKURA Tokubetsu Junmai

A rich sake with fragrance of muskincense, rich, smooth spring green and Japanese apricot. Well-rounded flavor with lots of character. Pure with prominent, clean, strong apricot, lemon notes, and mild cream. Dryly cold in texture.
Alcohol 16-16.5%
SMV +4, Acidity 1.7

Akita Seishu Co., Ltd.
www.gijin.co.jp



HIDEYOSHI AKINOTA Junmai Ginjo

This is a rich, hearty sake with a clean, effusive and moderately short. Rich Wonderful balance of sweet smoothness and acidity. It imparts the taste of apricot, apricot and scented apricot.

Alcohol 16-17%
SMV +2.5, Acidity 1.7

Suzuki Shirozumi
www.hubyoshi.co.jp



HOROYOI Yamahai Junmai Ginjo

This sake has sweetest, pronounced flavors and aroma from its "yamahai" brewing method. Rich at balance and perfectly dry acidity on the palate. Recommended as an aperitif. Pure with rounded vegetable, white meat fish and poultry.
Alcohol 16-16%
SMV +2, Acidity 1.7

Naka Shinsen Brewery
www.jokinensai.co.jp



MANABITO Kimoto Junmai Ginjo

MANABITO means one who is "True Blue." This bottling of "kimoto" style sake is truly well-structured—sweet with a full-bodied, long rich taste and great aroma. Well suited with seafood, complementing oysters, oyster shell foods, or fatty cuts of fish and meat. Great palate cleanser.
Alcohol 15-16%
SMV +6, Acidity 1.7

Honemaru Jun Co., Ltd.
www.honemaru-sake.com

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WORDS FROM THE HEART FOR DASSAI 23

As one of the highest quality sakes in Japan, Dassai 23 has earned legions of fans since its introduction in the U.S. Here is what they have to say.

A CHEF WITH HIGH-STANDARDS FINDS THEM MET BY DASSAI 23

EVEN APPEALING TO A NON-DRINKER

To say that the owner and chef of the Michelin grade rated Susho of Glen, Minnesota "Glen" Segoe, is passionate about sushi is an understatement. In order to remedy customers using too much soy sauce, Glen created his own sauces that are put directly on the sushi before it is served. This care that infuses his preparation reflects the fact that he considers each piece of sushi a separate dish. Although he himself is not a big drinker, Glen feels as strongly about the sake served at his restaurant as he does about sushi, and he believes that the genuine daiginjo Dassai 23 matches his philosophy to a tee.

The restaurant typically has about 20 different kinds of sake, the majority being limited editions that are not made for the mass market.

Glen often travels back to Japan in order to get his hands on such rare sakes. He asserts, "Fortunately Dassai 23 is distributed here, but if it wasn't I would fly to Japan for it!"

"The passion the brewer has for sake is evident in the high-quality of the product," says Glen. "Up until now I've tried about 1000 sakes, and when I first drank Dassai 23 I knew it was one I had to have." Aside from the main Upper East Side location, there are other Susho of Glen restaurants in midtown and the Upper West Side, and Glen stocks all three with Dassai 23. For customers, it is always served chilled and in either glasses or small colorful ceramic cups as per request. Dassai 23 is one of the top three sakes that customers select, and despite its high price on average two bottles are sold each day.

SAKE AS A LIVING DRINK

"For me the three important elements of sake are the first sip, how it goes down your throat and what taste it leaves in your mouth," says Glen. "Dassai 23 is sweet without being cloying, and the taste stays in your mouth for just the right amount of time." He also compares the sake to a Japanese "national" actress, Sayuri Yoshinaga, who has been popular for more than 40 years. In addition to her intelligence and elegance, her natural beauty evolves and matures as she ages. According to Glen, Dassai 23 is more like this mature Yoshinaga who glows with inner beauty than the younger Yoshinaga who was sweet in a girl next door way.

As for what kind of sushi goes best with Dassai 23, Glen says that its versatility and non-inpen-

ing taste enable it to go well with anything it serves. However, in particular he recommends fish with shimmering skin such as mackerel, and picks his favorite rice to one that is especially complemented by Dassai 23. Like his original mission of having diners enjoy the fresh taste of the fish and rice instead of the soy sauce, Glen sees sake in the same way. "Like fish, it is a living thing and I want customers to experience it in as delicious a form as possible. With Dassai 23, I'm confident that they're doing this."



Susho of Glen
482 E. 78th St. (bet. 1st & York Ave.)
New York, NY 10021
TEL: 212-927-5349 www.sushoofglen.com



Glen stocks each of his restaurants with Dassai 23, a top level sake that meets his high standards. It is one of the top 3 his customers ask for.



Dassai 23 (Newar Sanboku)
Juwasa Daiginjo

Made from rice milled down to its core until only 20% of the original remains. This is the highest degree of milling for commercial sale in the world. It is a sake that is the pinnacle of refined elegance, subtlety, delicate flavors and aromas.

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DAIGINJO FOR THIS FALL



From left: Osakay Gakko, Ben, Kurofukuro Gakko, Gakko-W
Kamayan Fubukko Gakko, Jomoyo, Yamayama



JFC INTERNATIONAL, INC. 40 Varick Ave. Brooklyn, NY 11237 TEL: 718-639-8180 / www.jfc.com

Nurtured in a historical town, brewed with craftsmanship and young spirits—"Ume No Yado" is coming to New York

According to some archival records, the history of sake brewing began in Nara, the old capital city of Japan. Nara is a historical place that will be 1300 years old since it became the capital of Nara Era in 710. This is where the microbrewery that produces Ume No Yado has its home. At the foot of Mt. Kasuga, located southwest of the Yamato River, the microbrewery strives each day making local sake. Their motto, "small amount yet high quality", has never changed since its establishment in 1899.

The sake they make use optional rice for sake brewing such as Yamada-no-hisako and Bizen Omachi, grown under foot of Mt. Kasuga, and Nishiki-style brewing, which is known for clean-tasting sake. The distinctive feature of Ume No Yado is its rich flavor, which in a way, goes against the recent sake trends in Japan which favor the crisp and dry sake. However, this microbrewery respects the kind of sake with depth and body that elicits nostalgia. The end result is a full flavor and com-

fortable savoring while maintaining a clean finish.

Under the thorough supervision of experienced Nishiki-style brewmaster, Mikio Takahashi, eight young brewers, whose average age is late 20's, work at Ume No Yado Brewery today. When craftsmanship teams up with youthful energy, it awakes the power of creation and passion. The two items from their original brand, "Ume No Yado Bizen Omachi Junmai Daiginjo" and "Ume No Yado Junmai Ginjo" will be available in New York late this year, bringing you the profound flavors of a historical town.



A veteran brewmaster, Mikio Takahashi, employs the Nishiki Daji style brewing technique, and has been working in Ume No Yado Brewery for 13 years. He uses all of his five senses like sight, smell, hearing, taste, and touch to know the sake, creating a well-balanced taste.



Ume No Yado:

Bizen Omachi Junmai Daiginjo

Using a rare sake rice variety, Bizen Omachi, which was used in the era of ancient times, the taste of rice is preserved well in the sake. Its typical aroma, subtle and fresh, and subtle texture are well balanced. This fragrant premium daiginjo is better chilled and goes very well with sushi, sashimi and various sashimi dishes including fresh oyster.

Rice: Bizen Omachi
Milling rate: 60%
DAVE: 4% (Dry)
Alcohol: 15%



Ume No Yado:

Junmai Ginjo

This premium grade brewed from 100% Yamada-no-hisako. Main taste is dry, aromatic and fresh, clean, crisp, with a mild rice flavor. The distinctive aroma of pilsner is present. It's better consumed chilled. Grilled fish, Tempura and Italian cuisine are well suited with this best selling sake.

Rice: Yamada-no-hisako
Milling rate: 50%
DAVE: 4% (Dry)
Alcohol: 15%



Nishikigawa City, Nara



Ume No Yado Brewery

27 Higashimura, Nishikigawa, Nara 630-2107, Japan
TEL: +81 745-69-2121 FAX: +81 745-69-2122
E-mail: info@umeyado.com
www.umeyado.com

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TEL: 718-529-6300



Kagatobi Junmai Daiginjo Ai

九谷物産 純米大吟醸 藍

PURE MIZUNO SAKI BREWERY

As you bring the glass to your nose, a flowery aroma tells by. When you take a sip, a slight tartness dances on your tongue. When it flows into your throat, it naturally penetrates your body like the tide on the beach soaking into the sand. This is how **Kagatobi Junmai Daiginjo Ai** flows.

Kagatobi is brewed by Fukumitsu, a company that was established in 1625 in Kitakawa City, Mikawa Prefecture. The brewery is a type called *junmaigura* where sake is made without adding alcohol or sugar and accordingly the three elements of water, rice and the techniques of traditional craftsmanship determine its taste. Fukumitsu uses spring water with perfect mineral components for sake brewing. For the rice it works with local farmers even from the beginning stage of developing the seed in order to harvest the best rice for sake. Also, Fukumitsu shivers are particularly about executing the brewing process by hand to bring out the maximum natural flavor.

Where to buy **Kagatobi Junmai Daiginjo Ai**
Elizabeth A. Wine Inc., Tokyo

Restaurants serving **Kagatobi Junmai Daiginjo Ai**
Abe's Matsuri, Sushiko on Canon

Alcohol 15%
Dry 14
Acidity 1.8



The brand name **Kagatobi** comes from the name of a local bird firefighting group that was created by the Kaga clan at their Edo residence during the Edo Period (1603-1868). At the time they were extremely popular. Although their personalities were often described as "short-tempered," they were considered to be a cool firefighting squad. This spirit is the brand's concept and at the same time, it is a key feature. Among the brand's lineup of sakes, it is the one encompassing the brand's masculine crispness in addition to a feminine gorgeousness and sensitivity of its own.

It is such a high-quality sake that it is great for gels as well as being enjoyed as its own. Also, it goes well with delicate dishes from any type of cuisine. If it is with Japanese food, some suggestions are *Sake paired Steamed Abalone and Shredded Sea Bream*. For Western dishes *White Meat Fish, Cheese and Scallop Carpaccio* are recommended. For Chinese cuisine, *Beef, Dong Chuan and Fried Crab* are highlighted. It will perfectly accompany your dinner the same way as white wine.

This is a crisp *junmai daiginjo* with a delicate taste and fragrant aroma. It goes well not only with Japanese food but Western and Chinese cuisines as well, and can be enjoyed with dinner in the same way that one regularly drinks wine.

Fukumitsu Sake Brewery
36 Tachibana-cho
Mikawa 424-0821 Japan
www.fukumitsu-sake.com



Hiroyuki Nagai, Manager of Sakechiku Restaurant



Ugo no Tsuki Tokubetsu Junmai

特利純米 月夜の月

UJIHARA SAKURA CO., LTD.

Hiroshima prefecture has been prominent for sake production since the Edo Period in the region succeeded in creating *umami* sake from the local soft grain (wheat) (about 150 years ago). According to Hiroshima's sake with its own rice and wine. Ujihara Sake produces sake only above *daiginjo* grade, brewed with rice milled at least 50% in its core. **Ugo no Tsuki** (translated means "moon after the rain") is brewed from Matsumotomichi and Chuganjin, their thorough milling process results in a clean and pure taste. Its aromatic fragrance (and mild, elegant flavor) goes wonderfully with any type of food from cheese and meat to fruits and seafood. It is an ultimate meal companion, best served chilled in a glass.

Where to buy **Ugo no Tsuki**
1-15-25 Nishitama-cho
Machida 121-0723 Japan
www.ugonotsuki.com

Ugo no Tsuki is created in the image of the moon in the night sky after the rain. Its sweet and smooth flavor is ideal for an intimate candlelight dinner. This sake is versatile. Try a bottle with a full course dinner to enjoy its different flavors and combinations.



Hiroyuki Nagai, Manager of Sakechiku Restaurant

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北師 韓民才等

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100%
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 100%
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Asahiro Brewery was born in Iwate Prefecture, the northern part of Japan, during the Meiji Restoration Period in 1871 when Japan was undergoing a political and social revolution. Iwate had no harvest sale once in the town and with the goal of producing 'home's sake from Iwate's local rice' Asahiro Brewery engineered Japan's original sake brewery (Asahiro) after 8 years of research. **Sakura**, Iwate's local Iwate's local rice, is a super dry Junmai. Full-bodied and sharp with a sleek finish. The aroma of the dryness followed by an explosion of pineapple rice flavor is refreshing when served chilled. When paired with food, rice takes leave for a better aroma and flavor. The dryness refreshes your palate and is delicious with seafood and rich dishes.

Asahiro On, Ltd.
10-40 (Shiga) Minato
Awa 024-6252 Japan
www.asahiro-on.jp

Asahi Kasei Co., Ltd.
10-34 Chujo Minami
Kashi 829-8525 Japan
www.asahi-kasei.com

Since ancient times "suzhen," symbolized by a dragon, has been honored as the god of water to bring rain for a successful rice harvest. Jagtha is rich in rice flour and smooth as water. The pungent aroma elevates your senses like a dragon rising up to the heavens.



Mr. [redacted] [redacted]

Hakuro Suishu Junmai Ginjo

速成英語1000句

王明賢與沈崇英(左起) 與劉永福(右起)



Alcohol
4.25
600000
Acid
1.5

Tokutenzo brewery takes itself on easily, only local ingredients for their sake. **Hakutsu Sushiro** is three and three feet grown in the local Tokutenzo prefecture and Government natural water pumped from a 300 yard well on site. Government water is soft, alkaline water containing low in iron minerals. It is known for its complexity in balance: the flavor of sake, but in spite of that, by reflecting both traditional and modern technologies, Tokutenzo brewery succeeded in brewing Hakutsu Sushiro, a sake with the ability of a cooking quality and healthy. *crisis* followed by a refreshing attitude, it has been awarded the gold medal from Japan's National Sake Appraisal 6 years in a row which no other brewery has achieved in the history.

Takemitsu Tsukagawa
100 Higashi Taishu-cho
Yamaguchi 757-0027 Japan
www.takemitsu.com

With your support, Matsuro Jaisin received the Gold standard from Japan National Sake Appraisal 2008 in Division One as well, and it marks our third consecutive win as the best sake in Japan. Its perfectly balanced and smooth flavor will win you over!



Mr. Tolson is your
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His son is a member of the
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Chiyomusubi Tokubetsu Junmai

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CONTACT: JAMES L. BARNETT, JR., 312-329-1000



(Analyzed
 1.0 g, 5.0%
 DMF + 2
 Acidity
 0.5)

Chiyomasa Brewery was established 148 years ago amidst the Sea of Japan in Tottori Prefecture, a region prominent for its high-quality water. They believe that the finest sake must be authentic, pure and healthy: their sake is brewed by 50-year women brewers. Tottori's water is known for its strong purgative using a careful blend of local rice strains and spring water. **Chiyomasa Education Japan** is located behind passacornation and characterized by the abundance of a fruity aroma and powerful taste. Some it around 40-50°F for a wide range of flavors to subtle materials enhance seafood dishes and pairing it with the traditional of each season gives you a new appreciation for genuine sake.

Chiyomasa Brewery
111 Yamaguchi 1-chome
Tottori 680-0808, Japan
www.chiyomasa.co.jp

Chiyomasa Brewery
121 Chiyomasa Sakuraba
Tama 104-0001 Japan
www.chiyoma.co.jp/~chi-sake

Chiyomazaki Tobinbetto Jorumi, with its gorgeous aroma and voluptuous flavors, is one of the most popular labets in our brand, and was also voted #1 in the Tokyo Jorumi Festival 2007. Try it with different seasonal seafood to experience a world of new flavor combinations.



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Tamanohikari Junmai Daiginjo

玉乃光 純米大吟醸

TAMANOHIKARI SAKI BREWING CO., LTD.

"Tamanohikari" means "Delicate Jade", and the sake Tamanohikari Sake Brewing Co. produces is renowned for its rich and luxurious taste. The brewery was founded in 1675 and has been producing premium sake with the motto "pure and natural". **Tamanohikari Junmai Daiginjo** is brewed with one of the oldest strains of sake rice Genshu, which was also used to create one of today's finest sake rice Yamahikari, their sake also is milled to 50% of its original size for a well-balanced taste. It is full-bodied with an exquisite apple acidity and has an elegant fruity fragrance of peach, apple and pear. Its delicate balance of sweetness and acidity makes it an ideal companion for any meal.

Tamanohikari Sake
Brewing Co., LTD.
668 Higashi-cho, Maibara
City 520-0804 Japan
www.tnsc.co.jp

Alcohol
1.1%
S.M.V. 44.5
Acidity
1.1

We believe in producing only premium sake, and **Tamanohikari Junmai Daiginjo** is brewed from 100% Genshu, the finest sake rice known today. It has a more powerful flavor than the sake brewed from Yamahikari-shu. Enjoy our sake that is pure & natural.



Mr. Yoshio Ueno
President



Sakehitotsuji Junmai Daiginjo

酒一途 純米大吟醸

SAKEHITOSUJI SAKI BREWERY

Since 1968 Sakehitotsuji Sake Brewery has been producing sake with the belief that the best sake is brewed with rice and water in their native climate. They are devoted to selecting superior rice, and **Sakehitotsuji** is brewed with a local strain of rice called Goshomaru which is one point less alcohol extract. Goshomaru rice is called *Moisane Goshomaru*, makes flavorful sake with an excellent finish, which goes well with sashimi and seafood, and also is a good companion for meat dishes like sukiyaki and yakiniku. It pairs exceptionally well with fatty fish by stimulating the flavor and clearing your palate with its tanginess, unique to the Junmai style. Savor the essence of Sakehitotsuji a superior sake produced from extraordinary rice.

Sakehitotsuji Sake Brewery
No. 1 Wakabayashi Aikawa
Goshomaru 710-2205 Japan
TEL 08487-3197

With our effort to revive the local rice Goshomaru, it has become one of the most premium sake rice known to produce fine sake today. **Sakehitotsuji** is a chateau wine of sake. It is best served chilled and enjoyed formally just like a chateau white.



Mr. Kenji Tanaka
President Sakehitotsuji Sake Brewery

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GARYUBAI

CONVERSATION WITH SAKE SOMMELIER

OUR VERY OWN SAKE SAMURAI IN NYC

Taking us Tim Sullivan, a sake teacher who was named a Sake Samurai by Japan Brewery Association in 2007, you would never guess he had no interest or opinion about Japanese culture or sake just until a few years ago. In fact, he was a former German language major, whose (international) experiences were very much European based, but his life turned upside down (in a good way) when he discovered premium sake one day on a whim.

Was there a particular event or sake that led you on your current path?

I discovered sake through a food pairing experience. I just decided to try Hakaisan Junmae Gensu, a premium sake, on a link when I was eating high quality sushi. When I had it together with the sushi it was a transformative experience. I always tell people a good sake and food pairing is like one plus one equals three. It got me interested because I was really curious how rice and water could make banana flowers, and million flavors.

What has discovering sake meant to you?

I've heard sake being referred to as the "tastiest trend a thousand years in making", and it's really true. It's really gaining momentum here now, but sake is so deeply connected with the Japanese culture and it's a study of restraint and balance, and it is an expression of what it means to be Japanese in many ways between the types of sake, and the understated elegance of sake is an encapsulation of some wonderful aspects of Japanese culture. Discovering and understanding the culture and the people of Japan through sake has been a real honor.

Tell us about your experience of being named a Sake Samurai.

All I can say is that, that experience was life-changing for me. It was my first trip to Japan. I was awarded by the Japan Brewers Association, and I was unpaid for the beauty of the ceremony which was at Shimogamo shrine in Kyoto. It was my first time participating in a Shinto ceremony. Meeting all the brewers there,

and seeing their dedication and enthusiasm for having people outside of Japan who are just passionate about sake was something else, and it was very humbling to be recognized by doing something I am so enthusiastic about. I realized that language was so important. I was humbled by how important the language was in understanding sake and it encouraged me to study more. The other major thing that came out of being a Sake Samurai is that you actually take vows, which I promise to uphold for the rest of my life.

What are some of the sakes you enjoy?

It depends on my mood, and what I'm doing, but when I'm like this relaxing with friends having sake on its own, I really go towards light, elegant, soft, Miyaoka style sake, or the wonderfully fruity, light sakes that came out from Yamagata, and Hiroshima. I really enjoy Hakaisan Gensu. It's got a bit more of a full character and richness than the Hakaisan Junmae Gensu, which I find to be cleaner and crisper. I also like Futaba from the late brewery in Yamagata. It's a very small brewery but they make wonderful luscious sakes that are easy to drink. It has some substance to it, so it can definitely stand up to food, too, but I personally like to enjoy it on its own because it is a little on the front side, and I like to really enjoy its aroma without food getting into the mix.

Any tips for food pairing?

There are general rules for pairing sake with Japanese food (such as light sake with light food, rich sake with rich food) but pairing sake with American food is very much cutting edge. There are really not a lot of established rules, and I think that's wonderful, because it gives you the freedom to experiment with what you want. I tend to draw parallels from what I learned from the Japanese culinary world. For example, if I found a sake that pairs very well with *nikuman* (char-broiled chicken skewer) I might try that with a turkey burger, or something that's in the same vein but with an American spin. That has led to some wonderful pairing ideas for me. Similarly, food pairing ideas will inspire demand for certain styles of sake that may



Tim Sullivan of *On Japanese Sake* (www.onjapanese.com)

Tim vows to uphold the following vows (some where named in Sake Samurai):

1. Love both sake and the beautiful culture of Japan
2. Strive to gain a deeper understanding of sake culture and work on itself of its further development.
3. Spread the word about Japanese sake around the world with pride and passion.

become more prevalent, so it's a wonderful area for exploration.

What trends do you see in sake right now in the US?

I think sake manufacturers will continue to make new styles and try to cater to the taste of this emerging market that came out of the food pairing ideas. There are interesting lighter, low alcohol, sparkling sakes right now, and more and more brewers are giving that a try. *Junmai* (non-filtered) is another trend. I think that that's a very interesting development. People are sort of getting back to their roots in a way, and trying out this more vibrant type of sake. It adds an interesting dimension to the society and it's a very exciting trend that's going on right now.

**Tim Sullivan's website: www.onjapanese.com*

**Tim Sullivan will have a lecture on sake at Japan's event on October 23rd. For more information about this event, go to www.japan.com*



SHOCHU

Introduction to thriving drinks in Japan

Shochu is a traditional drink connected deeply with Japanese history, and has been enjoyed among the Japanese for centuries. In the last decade, domestic shochu consumption has drastically increased in Japan. Although the beverage is not really widespread in the US compared to its counterpart sake, it is gradually but surely gaining recognition outside of Japan. Here are some reasons why you should try shochu.

Its Production Process Makes Shochu Good For The Body

One of the features of shochu is its health benefits. Shochu is produced from fermenting and distilling ingredients, and during the process, minerals and extracts are removed except for the flavor and aroma, therefore, shochu's caloric value and sugar content remain lower than other types of alcohol. For this reason, doctors in Japan often recommend shochu to patients with obesity and gout if they like to drink alcohol. This appeals to people who want to keep fit and middle-aged men with increased risk of metabolic syndrome.

Thanks to this distillation process, shochu's alcohol component becomes highly refined. This means the alcohol in shochu can be broken down by the human body more easily and faster compared to other types of alcoholic drinks. So, if you are a heavy one sufferer, shochu might be the right beverage for you.

Different distillation styles and the rise of premium shochu, honkaku shochu

One of the reasons for the recent shochu boom in Japan is that recent technology made it easier to make better shochu, which resulted in the rise of premium shochu, which is called *honkaku shochu*. First of all, shochu is largely categorized into two different groups, "single distilled shochu with more than 45% alcohol by volume" and "multiply distilled shochu with alcohol by volume less than 36%". The former type of shochu is what we call *honkaku shochu*. *Honkaku shochu* is heavier on the palate and retains the flavor of its base ingredients. Most of the



Illustration by A/ Taniguchi

time, *honkaku shochu* is mainly produced in micro-distilleries. With the recent shochu boom, *honkaku shochu* was rediscovered in Japan and has become more appreciated among Japanese, so much so that shochu is now the most popular drink in Japan.

On the other hand, the multiply distilled shochu with 36% alcohol by volume is close to pure alcohol with a very clean taste. Because it has no strong smell or distinct flavor, it is favorable to use for cocktails and shochu drinks with modern cameras known as *chikan*. These shochu cocktails have become extremely popular among the millennials in Japan.

Variety of ingredients and ways of drinking shochu

Unlike wine, sake, beer, and many other alcoholic drinks, shochu can be made from a vast variety of ingredients. The most commonly used base ingredients are *aoi* (sweet potato), *mugi* (barley), *daizu* (soy), *aozoni* (buckwheat), and *kakao* (cocoa sugar), but some are made from *aloe*, *carrots*, *dates*, and even seaweed, among others. The characteristic of the shochu flavor largely varies from its base ingredients, giving shochu truly a world of infinite possibilities.

As many types of distilled alcohol can be consumed in various ways, so can shochu. Most commonly enjoyed ways of drinking shochu are straight, on the rocks, *amazake* (diluting with cold water), and *oyuwari* (diluting with hot water), but there are countless other ways. *Akashiki shochu* is suited for drinking straight and on the rocks because of its distinct flavor and aroma, which is the heart of *honkaku shochu* that many people prefer to enjoy it as it is. However, this is gradually changing as many new cocktails that maximize the unique flavors of *honkaku shochu* are now rapidly gaining as a trend. The ways of enjoying shochu are limitless, so why don't you give it a shot!

AWAMORI

Awamori is a specialty shochu, distilled in Okinawa prefecture, which has been around in the region for the last 500+ years in mainland Japan, it used to be liquor only the elite of the elite could get their hands on. It employs a unique heat, "mawashi Agi Juki" for helping fermentation. It's a single distilled shochu and its alcohol volume is about 30% but some can get much higher.

SHOCHU THAT CAPTIVATES ADVENTUROUS BEGINNERS

Shochu is now enjoying unprecedented popularity in Japan, but the phenomenon is just arriving in New York. Stocking SUNTORY's sweet potato shochu Karomaru from their opening about two years ago, the yakuon (charcoal)

Skewer place, Topy, in midtown Manhattan uses the growing number of non-Japanese customers who order shochu. Here, the manager, Hiroto Niki, talks about Karomaru's appeal.

How would you describe the taste of Karomaru?

Since it doesn't have a strong sweet potato flavor, it's easy to drink even for first-time shochu drinkers, I think. So, Karomaru makes my life easy whenever I have to find some shochu for absolute beginners. Karomaru is a hit every time.

What kind of shochu is popular in your restaurant?

Sweet potato shochu is the best-selling category. Almost all of the non-Japanese customers in our restaurant order one out of the five brands we carry. Those customers are very "Ja-

pan savvy" and somehow they were informed that sweet potato shochu is the king of shochu. Naturally, they order sweet potato shochu, but as you know, sweet potato shochu generally has a strong sweet potato flavor and it's not easy for beginners. But from my experience, it seems that Karomaru usually appeals to new sack adventurous customers who want to try sweet potato shochu for the first time. It is surprising when they order a bottle and finish it off when they come with a small group of like 3 or 4.

Would you recommend any good styles of enjoying Karomaru?

We offer several mix-and-match items for shochu such as onion tea, green tea, lemon, etc., and among them, freshly squeezed grapefruit juice is definitely the most wanted. We serve a half cup grapefruit and a squeeze on the side of Karomaru. So, they can squeeze it as they want.

How about Japanese shochu fans?

They mostly drink it on the rocks because they know that is the best style for enjoying the sweet potato flavor of Karomaru.

In terms of food pairing, what would you

choose from your menu to go with Karomaru?

Well, our specialty, yakitori (charbroiled skewers) possibly goes perfect with shochu. But if I have to choose some among them, I'd say T-bone (chicken wing), Karabata Negi-Pan (organic pork with onion & potato), Lamb Chop, and Menchi (Skirt Steak) are best suited for Karomaru. The shochu can wash out the oily aftertaste of the food and refresh the palate. So, your taste buds can start for the next bite. Also, from our kitchen menu, I recommend Toba-Goya (Deep Fried Pork Dipping Stuffing in Chick en Wing) and Aka-Sagari yaki (Charcoal Grilled Squid, Hokkaido Style, served with Miso & Soy Sauce). They are standard Japanese cookery dishes, but they appeal to our non-Japanese customers as well.

SHOCHU 100%

Distilling shochu with hot water, called *suikashi*, is a centuries-old style in Japan. Distilling rate is determined by each person's preference, but it is said the perfect ratio corresponds to the alcohol content of the drinker, that he/she consumes regularly, he/she makes activities, wine, etc. So, if you are a beer drinker, you need 10% ratio to drink your shochu to 4-8% alcohol content. Or, if you are a wine lover, this ratio would be 10-15%.



Karomaru

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Sweet Potato Shochu 30% ALC./Vol.



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Barley Shochu 30% ALC./Vol.



Topy has eight new-made items for shochu, including fresh grapefruit, orange, lemon, citrus tea, and pickled plum.



Smoky aroma of yakitori is mouth-watering stuff, but when it's paired with Karomaru, it's even more enhanced.

Mr. Hiroto Niki is assistant wine/sake manager Karomaru in new shochu concept.

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Lento

れんと

AMANE BARIMA KALEN BREWING COOP

Kaleo Shochu was founded in Iwano Oshima, an island town on for an endless horizon, about 215 miles south of mainland Japan. Its distillery is exclusive for shochu production, and they are the youngest distillery on the island. **Lento** is a brown sugar shochu "created by women for women", and their distillation technique combines the traditional with the innovative. What makes Lento unique is its aging technique, which entails the sound vibrations of music. "Lento" in musical terms means "slow", and the shochu is aged for 5 months in a cask where classical melodies are played to slowly stimulate the molecules. It mellow the flavors, making it sophisticated and smooth. Lento debuts in New York this September.

Brown Sugar
Shochu
40-45% ABV

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www.lento-usa.jp

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Ms. Ayano Oshima
Co-Founder



Kappa no Sasoimizu

河童の誇い水

KAPPA DISTILLERY

The oldest distillery located in Miyazaki of the southern Kyushu Island, Kappa Distillery has been producing shochu with their traditional technique since 1891. Their shochu is distilled in small batches, processed by hand and fermented slowly in their great earthen pots. **Kappa no Sasoimizu** is a versatile shochu made from sweet potatoes. It is smooth on the palate and has the aroma of orange, peal and star fruit with a subtle sweetness followed by a distinct floral character. It does not interfere with the flavor of dishes, and pairs well with delicate dishes like sashimi or sushi. Best served with chilled ice or on the rocks, it adapts to any type of cuisine simply by adding water and changing the serving temperature.

Sweet Potato
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Aged 20%

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www.kappa-distillery.com

Kappa no Sasoimizu has received numerous awards from international spirit competitions including Gold from the Monde Selection. Its elegant, pure flavor is perfect for any meal. Enjoy it chilled for maximum flavor.



Mr. Shirohito Kuroda
Owner

Be Captivated by Bozu's Multi-National Blend of Flavors

Bozu Restaurant



If you are a musical kind of person and love Japanese food, Bozu is the place to drink! They offer 11 original martinis blended with unique Japanese flavors. Mr. Shingo Kudo, a bartender with extensive experience on both sides of the Pacific recommends **Thun**, **Kanbanan Marinated**, a vodka martini with the burning flavor of Japanese yuzu citrus and Kanbanan juice for an open/closed with a good its dress and easy yuzu flavor followed by the subtle sweetness of Kanbanan is refreshing and excellent for clearing your palate.

Bozu is a wonderful companion for their food dishes like the creamy Rice Croquette or Shrimp Kani. They also offer 20 kinds of sake, 16 shochu as well as a wide variety of shochu infused with fruit. Their cocktails are inspired by Japanese ingredients like miso, sesame seeds and wasabi and their yuzu citrus is designed to pair perfectly with them. "Yuzu is not just a fruit, it's an experience, an entire new generation of Japanese cuisine," says Mr. Kudo.

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TEA

The power of Japanese every-day drink

The refreshing flavor of green tea gives nothing but comfort to the Japanese people. Although many non-Japanese people consider mischa to be "the green tea", it is not the kind that Japanese drink daily. Green tea has many types, from sweet to bitter, and from easy-dry drinking to luxury types. Understanding more about green tea helps you incorporate this healthy beverage into your own daily routine as the Japanese do.

Different processing styles define the type of tea.

Most of the tea consumed all over the world share the same tea tree, and the diverse flavors of the three main types of tea, black tea, green tea, and oolong tea, are due to the different processing styles.

Black Tea Black tea leaves are fully oxidized before firing, making it a full-bodied tea with a strong flavor. This is the kind most commonly consumed all over the world. Use boiling water and allow the tea to brew for three to five minutes.

Green Tea Green tea leaves are dried via steaming or firing before any oxidation occurs. This gives it a more delicate flavor than other types of tea. Since it does not go through the oxidation process, the leaves retain much of their nutrients and are high in vitamins, minerals, polyphenols and anti-oxidants. Green tea has more health benefits than any other type of tea.

Oolong Tea Mainly grown in China and consumed among Chinese people all over the world, oolong tea leaves are partially oxidized before firing. The taste varies depending on the degree of oxidation from dark to light.

Sweetness, bitterness, and astringency
Features of each green tea

Green tea is the freshest type of tea as well as richest in nutrients, which gives the tea lots of health benefits when consumed. Green tea itself has many forms and each of them has a different flavor profile and requires different ways of brewing it. The components of tea such as amino acids, catechins, tannins, and caffeine, is what affects the flavor.

Gyokuro The highest quality of green tea leaves. Specially grown in the shade for about 3

weeks before harvest, it has an exquisite sweetness due to its tannin-rich makeup, but is also one of the more difficult teas to steep with perfection. Each household in Japan keeps this top quality green tea to be served to their guests.

Sencha It is the most popular and common tea in Japan served for daily drinking. It has a nice balance of sweetness and bitterness, releasing different tastes depending on the brewing temperature and time.

Bancha Still widely consumed in Japan, bancha is harvested from the same tree as sencha. It is a graded lower because it's picked after sencha is harvested. The taste is less sweet than sencha but has sharp, crisp flavor.

Hojicha Although it is a roasted green tea with a strong nutty flavor. During the roasting process, some of the nutrients are lost, however, it is good for children as it is low in caffeine levels.

Ganmacha A mixture of roasted genma (brown rice) and green tea. The great aroma of green tea and genma mixed together makes this a unique tea. It is

a good starter for green tea beginners. Genma is also high in nutrients making ganmacha a healthy drink.

Matcha Matcha is a tea made from high quality green tea leaves ground into a powder form. Unlike other forms of green teas, 100% of the nutrients from the original tea leaves remain in this tea. It is primarily used for tea ceremonies, but the vibrant green color and its rich distinct taste is often incorporated into many Japanese traditional snacks and sweets.

Recommended amount, temperature, and steeping time for each type of green tea (for the first brew)

Generally, the higher the quality of tea leaves, the lower the steeping temperature and the longer the steeping time is.

Gyokuro 3g/cup 50 degree Celsius 2-2.5 min
Sencha 3g/cup 70 degree Celsius 1-1.5 min
Bancha, Hojicha, Genmacha 3-3.5g/cup 80-85 degree Celsius 20-30 sec.

HOW TO BREW "SENCHA"

Illustration by A. Takemura



Chiran-Cha: The Organic Green Tea from the Land of the Sun

ORIGIN

Like coffee and black tea are indispensable in the Western culture, Japanese people cannot live without green tea. Naturally, they are particular about the taste of tea. With its bright transparent green color and its refreshing aroma, **Chiran-Cha** is loved and renowned all over Japan. Chiran-Cha is a generic name of the green tea produced in Chiran-chu in Nambu-kyoto City of Kagoshima Prefecture, which is the southernmost part of Japan.

With its mild climate and fertile soil, the Chiran district is considered to be perfect for growing tea trees. Although the history of tea making dates back to the Kamakura Era (1192-1333), tea only started cultivating tea trees seriously about 120 years ago. The district soon then organized a union and established green tea processing factories. Their efforts naturally lead to an increase in crop production.



Chiran-Cha, one of the favorites

Chiran-Cha producers, has started for growing chemical-free green tea for about 30 years. The named very rigorous rules care and labor, but they have never succeeded from producing reliable green tea which is considered ecologically balanced. With each step of the tea-making process including cultivating, processing, finishing, and packaging, under the close supervision of a master tea-maker Mr. Nambu Chiro, Chiran-Cha never fails to produce high quality green tea with a deep aroma and full flavor.



In New York, we can enjoy four types of tea from Chiran-Cha, sencha, mumeicha, sencha, green matcha, and kagoshima. Brewed by careful nature and processed by the meticulous attention of the people, the green tea from Chiran-Cha is sure to please the high standards of New York gourmands and find its new home.

Distribution

1812 Street Chiran-Cha Specialty Tea
Kagoshima 811-0211 Japan
TEL: +81-99-2913187
info@chiran-cha.jp / www.chiran-cha.jp



Japan is geographically long from south to north and its climate varies from region to region. This shows each region's product is distinct flavor and aroma. Located in the southernmost area is Japan. We have Chiran-Cha tea from Kagoshima.

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Japan's legendary tea master Seno'o Shigeo said, "regardless of the growth and experience, one consumer begins to realize". Following his teachings, Nambu-cha has committed to producing authentic tea with original ideas since 1944. Their tea are additive free and directly imported from Japan. **The Premium Tea Bag Series** offers 1 flavor of the finest tea in silky mesh tea bags that are individually wrapped to preserve their freshness. Gyokuro, has a deep green color with a balance of bitterness and sweetness. Sencha, a blend of sencha leaves and matcha with a harmonious flavor and aroma. Genmai Cha, a combination of sencha, roasted brown rice and matcha with a mild honey-sweet taste, and Bongi Cha, natural tea leaves which contain less caffeine. To brew steep a tea bag in hot water (80°C) for 30 to 60 seconds. For Gyokuro and Sencha, steep longer with a slightly lower temperature.



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The most convenient part of Morinaga Tofu Puree is the form of this product. Its pureed form allows me to create various dishes easily, and I make the most of its texture and flavor as I incorporate it into my cooking. —Tadashi Ono, Matsuri



PUREED FORM ALLOWS FOR SIMPLE COOKING PROCESS

In Japan, tofu has been consumed for a long time. It is a part of Japanese daily life, and, in terms of taste, there have been several trends. Having recently tasted a popular tofu product in Japan, Mr. Tadashi Ono, executive chef of Matsuri in the Maritime Hotel, says, "The tofu had a strong bean taste, and its texture was quite thick. I guess it must be a trend in Japan. I felt the same thing when I first tried Morinaga Tofu Puree. It has a smooth texture and a round and full-bodied flavor, and I instantly thought 'it's an interesting ingredient!'"

What he likes about the product is its form, puree. "I have used pureed tofu that I made by myself by blending silken tofu before. Morinaga Tofu Puree is already in pureed form—it would have saved me time if I had used it." He has created three dishes by using Tofu Puree: Japanese Caesar Salad, Cold-Style Tofu Puree and Asparagus Potage Soup, and Tempura with Tofu Puree Batter and Tofu Puree Dipping Sauce. All of them represent Chef Ono's culinary philosophy, "simplicity." He uses Tofu Puree for salad dressing in the first dish. "It's a mixture of Tofu Puree, sesame, dashi broth, sugar, white soy sauce" (see next page), and nothing more. "I used Tofu Puree to replace cheese and sesame in place of anchovies," he explains. The Potage Soup is even

more innovative. He does not add any broth at all, and his strategy successfully draws out the ingredients' flavors. He only uses Tofu Puree and asparagus for the soup and uses salt, olive oil, and white soy sauce for seasoning. There is no need to thin or thicken the soup—the form of Morinaga Tofu Puree creates the right degree of thickness and smoothness for your palate.



TOFU PUREE AS A CONNECTING AGENT

Tofu Puree plays a featured role in the dressing and the soup, but Chef Ono also utilizes the

product in a supporting role in another dish. He uses Tofu Puree as the base in a tempura batter. "I had gennodeki (fried mashed-tofu) and bignets in mind when I created this dish," he says. When the batter is fried, it develops a coating that is both crusty and fluffy. "The texture is so nice, but it does not have much flavor, so I made a Tofu Puree dipping sauce by mixing lemon juice, white soy sauce, and grated ginger to supplement the tempura's plain flavor." When asked about other variations, Chef Ono comments, "I have used or drained tofu in dishes like quiche and crab cake, substituting ground fish and mayonaisse respectively. I think Tofu Puree fits these dishes perfectly."



Tadashi Ono

He has been leading the Matsuri of Matsuri, an executive chef, since its opening in October 2012. As the name Matsuri (meaning "festival" in Japanese) implies, the upscale restaurant battles with people enjoying Chef Ono's festive dishes. These dishes reflect his Japanese culinary background as well as his experience with French cuisine.



Chef Ono highlights Tofu Puree's many qualities in his Cold-Style Tofu Puree and Asparagus Potage Soup. Tempura with Tofu Puree Batter and Tofu Puree Dipping Sauce. and Japanese Caesar Salad (source: information from page 14)



Matsuri
240 St. John St.
2nd fl. #10 & 11th Ave. E.
New York, NY 10003
Tel: 212-415-6500

COLD-STYLE TOFU PUREE AND ASPARAGUS POTAGE SOUP

RECIPE COURTESY OF TADASHI ONO (PIAT3UR)



INGREDIENTS (Serves 4 people)

- 2 cups Tofu Puree
- 20 stalks medium-size asparagus
- 1 tablespoon white soy sauce*
- 1 tablespoon olive oil
- salt to taste

*While soy sauce, a light-colored soy sauce, is often used for cooking light-colored dishes, it has the tendency of soy sauce (dark, unlike regular soy sauce, its color does not affect the colors.

PREPARATION

1. Skin and boil asparagus. (Photo A)
2. Put Mori-nu Tofu Puree and asparagus in blender and pulse until ingredients become smooth. (Photo B)
3. Add white soy sauce and olive oil to mixture and season with a pinch of salt.
4. Pour soup into bowl. Garnish with your favorite ingredients. Here, Chef Ono uses sea urchin, scallops, an asparagus tip, a cherry tomato, and house gelée. (Photo C)





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*See wall feature case

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FOOD & DRINK

RESTAURANT REVIEW

Tomo / Anyashi / Luzeo

JAPANESE CHEF'S HOME STYLE COOKING

Grilled Eggplant with Tangle Fishes in Dashi Broth
by Kojiro Sasaki (Dorbon-Ya)

LISTINGS

Japanese Restaurant

Other Asian Restaurant

JAPANESE / SUSHI

Tomo Sushi

256 Riverside, Princeton NJ 08540

Tel: 908-524-8126

Mon-Sat: 11:30am-9:30pm www.votomotosushi.com

In every college town, students have their favorite restaurants and cafes that they frequent almost every day. Located on the edge of Princeton University's campus, Tomo is a restaurant that attracts Princeton students and faculty as well as neighbors. It was four years ago that Taiwanese-born owner/chef Mr.



Mark Tsai (Mr. Wu) opened the restaurant, and it did not take long for Tomo to become one of the local favorites. One of the main reasons for this is Chef Wu's superb dishes. With over 25 years of experience in Japanese restaurants in New York, Chef Wu creates a wide variety of flavors, his *negi* (scallion) is prepared in the authentic edamame style, and the bigger slice of fish is a bonus for hungry students. The regulars are addicted to his *onikabou* (dri), and Japanese customers especially love Tomo's *Gyo-don* (beef bowl), which is a Japanese comfort food. Also, Chef Wu draws on his Taiwanese background to create artistic arrangements of sushi rolls, for example, in the shape of a dragon. "My motto is to serve good quality food at a reasonable price," says Chef Wu. This customer-oriented attitude makes Tomo continue to attract more fans and "tomo," a Japanese word meaning "friends."

GYO DON



The *dorbon*-style dish is one of the most popular dishes among regulars and Japanese customers. The freshly sliced *dorbon* beef with onion and beef-scallion creates a perfect harmony with original *gyo-don* sauce. The tender and juicy meat of *dorbon* and onion appetizes this Japanese *cherry* roll dish.

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Surrounded by lively energy, "izakaya" in Japan serves an abundance of comfort food and drinks and attracts a wide variety of customers. **Izakaya Ariyoshi** in Midtown East is one of the few restaurants in NY where authentic izakaya ambience and menu have been reproduced. It offers most of the typical izakaya dishes like *Sukiyaki* (Steamed Pork Gumpung), *Crab & Cream Gyoettos*, *Yakitori* (Char broiled Chicken Skewers) and many others. According to chef Katsuo Sugimoto, what they call "oyaji menu" attracts many non-Japanese customers. Oyaj literally means "father" but it generally refers to un-cool, non hip, middle-aged men. Oyaj are experts at finding inexpensive food that perfectly goes with what they drink, naturally what they eat is the best. Standard oyaj favorites include *Sauteed Eggplant & Pork with Miso Sauce*, *Grilled Chicken Gyoettos*, and *Grilled Beef Tongue*.



Chef Sugimoto advises, "Order 2 or 3 oyaj favorites and assorted sakizuri in a starter, and up your little by little, then order another as you wish." NY *Tanabe* (Izumi Tanabe) enjoyed their food when he hit his 10th home of the season last October. You can see what a huge role izakaya plays with Japanese!

SAUTEED EGGPLANT & PORK WITH MISO SAUCE



Miso, oil, eggplant, and pork are a heavenly combination. Roast miso and burnt eggplant show each other's best faces and sauteed pork adds another layer to them. The dish is perfect whether for solo, duos, and trios. Naturally it's an oyaj favorite.

3 Best Sellers

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DESSERT BAR

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4 Gates St. (bet. E. Houston St. & Borman St.) New York, NY 10002
TEL: 212 365-1790
Tue-Thurs 11:30am-10pm; Fri-Sat 11:30am-11pm

Luxee is where one can sample what came out of the cold-bacon phenomenon that swept through Japan about ten years ago. In this brand new dessert bar that just opened this August in the lower east side, the desserts not only look like delicate sculptures, but the flavor profile in each of the creation is truly heavenly. The best part is that Luxee uses natural and organic ingredients, often from local green markets, and often incorporating vegetables to create these sweet delights, featuring some vegan friendly items, too. "What's important for me is the surprise factor that I can deliver to my customers, not just in terms of the design, but also in the balance of taste," says Ms. Yoshie Shinkawa, the executive chef at Luxee, and a former instructor at Cecile Venturi's pastry department. Items like Normandy Cheesecake made from Camembert cheese with candied olive and Green Forest Parfait using avocado cream, each of the unique flavor combinations are in perfect harmony. Keeping with the seasonal changes and ingredients that are available in the market, these menu changes four times a year. It'll definitely be worth the time visiting each season.



LUXEE'S CARAMEL APPLE



An assortment of Camembert, Milk Chocolate Mousse, Gravy Dress, Roasted Fruits, candied and Gravy Smith Sweets, the chef adds macarons with the taste of the Caramel Apple we enjoyed as children but with a more sophisticated sweetness and adult taste, which makes for a brand new experience.

3 Best Sellers

- Luxee's Caramel Apple \$14
- Green Forest Parfait \$11
- Normandy Cheesecake \$12

JAPANESE CHEF'S HOME-STYLE COOKING — Vol. 9



RECIPE COURTESY OF EDUARD SAELE

GRILLED EGGPLANT WITH TANGLE FLAKES IN DASHI BROTH

In this corner, Japanese chefs from restaurants in the Tri-State area share their secret recipes of home-style Japanese dishes with you.

★ ★ ★

Eggplant is considered a summer vegetable in the US, but in Japan people believe eggplants taste better in autumn. This month, Mr. Kojin Saele, executive chef/manager of Dorisun-Ita in midtown Manhattan, creates a dish full of seasonal flavors by combining eggplant with wild mushrooms, another autumnal favorite. The key of this recipe is to use tangled flakes of kelp. People often make soup stock with dried kelp, and the tangled flakes add a subtle "ocean flavor" to the dashi. Also, kelp contains a gelatin-like, slimy ingredient that can thicken dashi broth. "If you master the right balance of dashi broth and tangled flakes, you can apply it to many other dishes. They would be tasty either cold or hot," says Chef Saele.



Dorisun-Ita
157 E. 47th St. (bet. 3rd & 4th Ave.)
New York, NY 10017 TEL: 212-688-1905

INGREDIENTS (Serves 1-2 people)

- 1 eggplant
- 1 king oyster mushroom
- 1 bunch shimeji mushrooms
- 1 pinch tangle flakes**

(For marinating broth)
150cc dashi broth (benito flavor)
25cc usukuchi soy sauce**
25cc mirin

*Tangle flakes are flaked kelp sold under the name of Tororo Kanbu and are often used in clear soups and rice balls.

**Usukuchi soy sauce has a lighter color than regular soy sauce and is also saltier. It is used to maximize ingredients' colors.

STEPS

1. Make a few thin cuts on the surface of the eggplant and grill until skin becomes crispy.
2. Skin the grilled eggplant and cut into bite-size pieces. [photo A]
3. Cut king oyster mushroom into bite-size pieces and split shimeji mushroom by hand into pieces of a similar size.
4. Mix all the ingredients for broth and add mushrooms. Heat it to a boil. [photo B]
5. Remove heat and add tangle flakes to broth. [photo C]
6. Add eggplant into broth and marinate it for about an hour until the ingredients soak up the flavor of the broth.





It Takes 2 To Tofu!

It does take 2 to Tofu! — our way. And this dance definitely requires a partner. We don't mean the partners in the traditional dance, but a partner as in "Dancing with the Stars"—The TV Show.

Here are some basic steps that our Tofu partners need to know. Tofu, itself, is absolutely neutral. It doesn't reflect any taste or flavor. It, in fact, absorbs flavors and sauces easily and adapts to the taste and seasoning of any of its partners. Thus, partnering with HOUSE FOODS® Tofu, shows that our product will combine with different types of fresh vegetables to make delicious food even healthier.



Soft (Silken)



Medium Firm



Firm



Extra Firm



Tofu Mushroom Spread Makes: 2 cups

Ingredients:

1/2 package (11 oz) of:
Soft: Organic Tofu Firm or
Medium: Premium Tofu Firm
 3 Tbsp butter or margarine
 1/2 lb button mushrooms, sliced
 2 cloves garlic, minced
 1/2 cup minced shallots
 2 tsp mushroom soup concentrate (no salt) (opt only)
 Fresh salt
 1/4 cup chopped roasted walnuts
 Sliced olives

Directions:

1. Soft: Soak in water for 1 hour. Firm: Heat until heated.
2. Add mushrooms. Reduce heat and cook 2 to 3 minutes.
3. Add garlic and shallots. Cook 1 minute.
4. Stir mushroom soup concentrate and salt into pan/juices. Remove from heat and let cool.
5. Purée Tofu in a food processor. Add mushrooms, liquid and walnuts until finely-chopped.
6. Transfer to a serving dish and refrigerate. Garnish with olives.

Serve: With crackers.

For more information, free recipes and the benefits of Tofu, visit our website: www.house-foods.com or Call 1-800-TRY-TOFU (879-8638)

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732-521-2888

New Jersey Asahi Japanese
1455 Route 108, Suite 100, NJ 07033
908-461-9273

New Jersey Bonissimo
1000 Morris Ave. Metuchen, NJ 07042
732-788-7888

New Jersey Higo Barbecue
2001 Lincoln Ave., Suite 100, Fort Lee, NJ 07024
201-461-4666

New Jersey JOSHUA
1710 Woodfield Ave. W. Caldwell, NJ 07006
732-668-7338

New Jersey Kishikari
4100 Lakeside Ave. Rockaway, NJ 07866
201-984-8222

New Jersey Nishin Tenmoku (Mitsumori)
2700 Ave. G, Elizabeth, NJ 07201
908-661-6100

New Jersey Isakaya Den
171 Palmyra Ave. D. 100, Palmyra, NJ 07651
201-919-9429

New Jersey Kiku
3010 E. D. Cook, Fairview, NJ 07030
201-885-7338

New Jersey Kamaguchi
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908-661-6100

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ASK THE BEAUTY GURU —VOL. 9—

EXPERIENCE THE ART OF BEAUTY AND THE BEAUTY OF ART —MIDOMA SALON & GALLERY

Is it a hair salon or an art gallery? The answer is "both." Co-owners Marianna Rosner and Michael Schwarzer share the concept of their unique Upper East Side salon.

How did you develop the concept of your salon?

Mikhaiah: There are two main elements. Marianna was influenced by her theater background and wanted to stay actively involved in the arts community. I was working in a salon in Germany with a similar concept. It was a small, boutique salon and the owner was very into the arts and also had art exhibits. I thought New York City would be a good city to free up space for artists because it's difficult for new artists to gain exposure without connections. With us working in a creative environment with hair, which we see as an art form in itself, it's perfect to invite more art into our space. So we opened Midoma Salon in 2010.

How do you choose what type of art is displayed in your salon?

Marianna: The art has to speak to us. It cannot be too commercial and must be visually interesting. We display a huge variety of art—colorful, deep, pure entertainment, conceptual and original with different styles, textures, and sizes. We must also find a balance between the personality of the artist and the creative artwork. We don't want to push people over the edge, but we do want to show artwork that is thought-provoking. This salon has inspired artists to move forward, as shows are booked more than a year in advance. The shows inspire the artists to create new pieces just for this space. You don't know how you can affect people when you do it from your heart.

What is your signature service?

Mikhaiah: My specialty is cutting and styling hair. I like to experiment and work with all textures, lengths and styles of hair because then it is creatively fulfilled the most. I like to create shapes for

my clients that are functional. This means that the clients can easily re-create the multi-dimensional shapes and they are not stuck with one style. I want to give the clients the best possible foundation. By giving them a proper foundation, it's easy to re-create the shapes so their hair will look great for months to come and not just when they step out the door.

Marianna: Michael believes in giving you styles that work and he also believes in leaving hair the way it wants to be in the natural state, without over-appliquing it too much. Michael is genuinely concerned that the client looks good and takes time to show them how to properly style their hair with a blow-dryer, flatiron, products, etc.

How do you overcome the challenges of working with such diverse clientele?

Mikhaiah: When I came to New York City, it was the first time I had a client with kinky, curly hair who wanted me to blow-dry her hair straight. At the time, the tools and products were not as advanced as they are now. But I also didn't have the technical



An art lover and hair stylist team up to make a unique creative space.

skills to do it. So my first blow-dry was a total disaster. You must learn and practice and always improve yourself. Then you will overcome lack of exposure to diverse clients and you will know how to do it.

Marianna: It is important to know yourself and admit that you have made a mistake. Staying open minded, setting aside your pride and learning from others will help stylists to inspire one another.

The Japanese concept of "iki" as the "use of life and the exert of potential energy" is incorporated into this gallery-salon. Clients, old and new, come to enjoy music, literary service while enjoying a new art exhibition every few weeks.

As the art world is intertwined with the fashion world, Midoma Salon currently features clothing by Japanese fashion designer, Susie Tachibana and a new "wearable art" line called "iki," created by Japanese artist Ko Midoma. The salon has inspired many artists to create original artwork, and to explore the world of art and design.



Midoma Salon & Gallery
1011 E. 74th St. (bet. York & 3rd Ave.)
New York, NY 10021
TEL: 212.512.2897 / www.midoma.com
Hours: Tue-Fri: 11am-6pm Sat: 10am-6pm



Beauty Guide

HAIR SALON

Upper West	Heidi Caperi III
200 Broadway (bet 5th & 6th) Tel: 473-3960	F 9:00-10:30 M 9:30
Upper East	Esmeralda Sandoz
300 Lexington Ave (bet 30th & 31st) Tel: 388-6622	F 10:00-11:00 M 10:00
Upper East	Mitch
381 E 86th St (bet 3rd & 4th Ave) Tel: 263-6275	F 9:00-10:00 M 9:30
Upper East	Wilma Sabin-Sellery
401 E 79th St (bet 68th & 70th) Tel: 467-7941	F 10:00-11:00 M 10:00
Upper East	Trevina Shana Rose Saloni
411 E 82nd St (bet 3rd & 4th Ave) Tel: 763-8938	F 9:00-10:00 M 9:30
Midtown West	SALON VIOH
300 Madison St (bet 30th & 31st Ave) Tel: 692-9999	F 10:00-11:00 M 10:00
Call: 692-9999	F 10:00-11:00 M 10:00

Midtown West	Mingli New York
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Midtown West	Mina
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Midtown East	Ely International
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Midtown East	Rita Matus-Matthews
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Midtown East	Husko Salon
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Midtown East	Drum Salon
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Midtown East	Masiah
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Midtown East	RH Plus Salon
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Midtown East	Monokato
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Midtown East	Selma Info
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Midtown East	Wave SE
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Chelsea	Wesley Saloni
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Chelsea	Wesley Saloni
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West Village	YUL Saloni
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East Village	ARTE Salon
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East Village	Bliss
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101 West River St. Ste. 100 914-853-2171	7:30 10:30
Update	Salon Seven
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Update	U Wave
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Update	Alone Salon
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Update	Katrina's Salon
101 West River St. Ste. 100 914-853-2171	7:30 10:30
Update	Michelle
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Update	Salon Three
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BUYING JAPAN: INCREDIBLE AND UNKNOWN PRODUCTS - VOL. 8 -

ASHIURA JUEKI SHEET (UNDERFOOT SAP SHEET)

BY NOBU WAKANISHI



Once you prepare the sheet, it looks something like this. Apparently the sheet used has the essence of shichimi in it. Make no mistake, *don't* all the different variations - it would lose me with effort!



My heels to my foot. The sheet is pretty large, but not too adhesive - I prepared to make this a "scratch and sniff" image but definitely enjoyed the "Chopsticks" in such a sense.

Summer is over, and now it's time to recover until the winter holidays. What are you doing to treat your body right? Coming up with ways to detoxify as well as finding the time to do so can be difficult, so trying all you can during the downtime is important.

One unconventional method of detoxification comes in the form of the **Ashiura Jueki Sheet**. Touting the ability to absorb the toxins in your body by way of your feet, it opens up the possibilities for endless jokes about dirty feet, smelly feet, and foot fetishes. But it may not be as outlandish a concept as you might think. Anyone who values the ancient Chinese belief that the foot holds countless pressure points that can help heal your body may already be wearing this down on their "toe" list.

The Ashiura Jueki Sheet is essentially a thin pouch that contains chitosan (an element featured in many of the cleansing products we have featured in this magazine), derived from tree sap (that's the "jueki" part). There are two sides to the pouch - one pe-

els, one not. You stick the non porous face of the pouch to the sticky side of an adhesive strip, and then you stick it to the soles of your feet (Shichimi) - essentially sandwiching the porous face of the pouch between your foot and the adhesive.

Stick the sheet on before going to bed, and leave it on overnight - the product claims to absorb and trap the toxins flowing through your body, turning the sheet brown by the morning. When I put these sheets on my feet (one sheet per foot is recommended, although if you have really huge feet, why not try two?) I felt a little silly, but in the name of science I kept them on all night. Some of you may already claim I sleep through my product reviews, but I REALLY did it this time.

New unlike some products I've tried, I can't really say if these things work - there's just no measurable effect. Many people in Japan claim that the sheets are very useful in removing joint pain and stiffness of the neck and shoulders. I am told there is even a

strong following of women who claim that the detoxification effects can maintain beauty. Possessing neither pain - nor beauty, perhaps I wasn't the best candidate to begin with.

When I removed the sheets the morning after my first trial run, they had turned somewhat brown, but it certainly wasn't clear what or how much toxin it had absorbed. I had only one idea to see if I could get a different sort of result. So for the next few days, I ate and drank as terribly as I could, then tried again. In comparison, the sheets were not much darker, but I was definitely *lamer*.

I think the moral is that it's up to you to pick and choose how you take care of yourself. Try the Ashiura Jueki Sheet, but remember it's not a substitute for taking care of yourself! Make sure to drink less, eat healthier, and stay active.

The Ashiura Jueki Sheet is available at your local Japanese market - ask for it by name!

FOCUS • HOBBY

SHOGI: JAPAN'S MOST POPULAR BOARD GAME DEEPENS ITS ROOTS IN NEW YORK CITY

Chess players beware: there's a new kid on the block. OK, not so new. In fact, this Japanese-based game has been around since the 10th century, and is an exhilarating variant of chess called "Shogi." The word translates literally as "General's Chess," and is quite possibly one of the most interesting diversions I have ever experienced, as well as one of the most potentially addictive games I have ever enjoyed.

Shogi has been an indelible aspect of Japanese culture for centuries. Shogi Clubs are a common feature of Japanese elementary schools, and grooming a professional Shogi player can begin even at that level. And it's no surprise that Shogi is also one of the most popular games you'll find being played on computers in Japan.

And chess players know that the most well-known, Western version of the game actually originated in India in the early 6th century from a game called Chaturanga — the version we are so used to watching with humans vs. computers and Bobby Fisher enjoy fascination evolved and developed by the end of the ninth century. Personally, I have enough struggles winning at "normal" Chess. Imagine my delight when I first consulted with Mr. Minoru Hayashi — founder and director of the New York Shogi Club.

Mr. Hayashi welcomed me with, "Shogi is the single most difficult board game in the world, I think. As many traditional board games become computerized, they successfully beat human players. However, the computerized version of Shogi still loses in front of human players." Apparently there is a level of thought and strategy that even computers are not yet able to emulate. What could it be? I received a quick schooling in Shogi, and this is what I learned.

While Western Chess is played on an 8 x 8 board, Shogi is played on a 9 x 9 board. This is just the tip of the iceberg in terms of differences. The layout of the board allows for a different starting setup of three rows as opposed to two — the front row is filled with pawns, the second row consists

of only two pieces (the equivalent of a Bishop and Rook), and the third a slew of horse and general pieces, as well as the King. But any similarity to chess that you may glean from my description soon ends.

When I sat down with Alex Trotter, a member of the New York Shogi Club, for my first game (which I subsequently lost of course) — it quickly became clear how different, and more complicated, Shogi indeed is. The major hurdle Chess players will endure when starting to play Shogi is this: all captured pieces are playable. That's right — unlike a Chess game where a captured piece is off the board forever, a player can take any piece they capture and use them as part of their army. Confusing? It was for me — I kept forgetting I had extra players to throw into the mix. And to throw them in strategically required too much from a firsttimer like my self.

Mr. Trotter also imparted some other interesting facts. In Chess, one can play a defensive game, and still win. But in Shogi, you really have to play a more aggressive, offensive game in order to succeed. You can't hoard those pieces — you have to play them or you'll lose! Because of this, whereas a Chess game usually unfolds in three acts — an opening, a middlegame, and an end game — Shogi players will find themselves continually going from a middlegame to an endgame, and back to a middlegame until reaching checkmate. And if you look at the board at the end of a Shogi game, there is not a big difference in terms of the number of pieces that are on the board when the game starts, and when the game is finished.

I must again thank Minoru Hayashi, Alex Trotter, and the generous members of the New York Shogi Club who provided my schooling in Shogi. This group meets every week at the Japanese restaurant Naniwa (46th and 53rd St. Bkn, and it's really a fun and relaxing atmosphere coupled with a fascinating game that I am still thinking about today. English-friendly and casual, I highly recommend that you try Shogi out with them, especially if you are a

chess fan. The nuances of Shogi are too numerous to cover in one article, but I hope it's intrigued you enough to give it a chance.

New York Shogi Club
 Tel: 416-707-1340
 E-mail: kayashin@nyshogi.com



1. The Rest of a Member: The game might look interesting at first, but once you start playing it's hard to stop.

2. Wondering who the author is? I'm in the row with the pencil looking on his face. Not surprising when my opponent is the founder of the club, Mr. Hayashi.

3. There are a lot of people who show up for Shogi Club. If you have any interest in Chess or Japanese culture, you should definitely give this Japanese board game a try.

Japanese Lesson #12

きれいでした。／きれいでは ありませんでした。

kirei deshita / kirei dewa arimasen deshita

Past tense of adjectives 2: na-adjectives

You are finally done with the adjective lessons, but before we finish, you should learn how to make the past tense forms of na-adjectives. Let's take "kirei" as an example and check the rules.

Central Park wa kirei desu.

(Central Park is beautiful.)

□Central Park wa kirei dewa arimasen.

(Central Park is not beautiful.)

□Central Park wa kirei deshita.

(Central Park was beautiful.)

□Central Park wa kirei dewa arimasen deshita.

(Central Park was not beautiful.)

You got the rules? When you make it negative, drop

"na" and add "dewa arimasen." Likewise, add "deshita" for the past and add "dewa arimasen deshita" for the past negative. Look at the conversation between Tadashi and Bob, who have just seen a Japanese movie. The conversation includes both na-adjectives and na-adjectives.

Tadashi: Eiga wa umeshikakatta desu ka.

(Did you enjoy the movie?)

Bob: Hai, umeshikakatta desu. Demo sakushi

muzukashikatta desu.

(Yes, I did. But it was a little difficult.)

Tadashi: Furei eiga desu kana.

(Because it's an old movie.)

Bob: Jiyuu-san wa kirei deshita ne. Yumei



(Illustration by A. Endogaki)

no jiyuu-san desu ka. (The actress was beautiful, wasn't she? Is she famous?)

Tadashi: Ima wa umai yumei dewa arimasen.

Demo, mukashi wa yumei deshita. (She is not

so famous now. But she once was.)

If you get confused with this conversation, go back to the previous lesson and check the rules.

KEY POINT **na** is used for **na** adjectives, for **na** adjectives (only used after **deshita**). **jyuu**, **actors**, **musicians**, **ones**, a long time ago **net** is a postpositional particle that comes after **ago** or before the preceding statement.

International Children's Day Celebration

October 25th & 26th (NYC)
November 1st & 2nd (Washington DC area)



ISF's annual event, International Children's Day Celebration (Shogakukan) will be held in New York City on Oct. 25th & 26th and the Washington DC area on Nov. 1st & 2nd.

Shogakukan is known the world over as one of the greatest encyclopedias. It celebrates children's good health and happiness at the age 3 and 5 for boys, and at 3 and 7 for girls. Everyone is welcome to attend regardless of religion and nationality. Come and experience this Japanese beautiful country on the East Coast.

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HIDEYO NOGUCHI (1876-1928)

Hideyo Noguchi was an internationally known bacteriologist who discovered the agent of syphilis. Born into a poor farming family in Iwafune, he accidentally burnt his left hand as a child but could not get medical treatment because of his poverty, leaving his fingers contracted and immobile. When he was 19, Noguchi was able to have surgery and recovered 70% of his fingers' mobility. This motivated him to study medicine. He showed talent immediately and became a medical doctor when he was 20. He moved to the United States in 1908 to be the research assistant of Dr. Simon Flexner at the Rockefeller Institute for Medical Research. In 1913, Dr. Noguchi proved that syphilis spirochete was the cause of paralysis. He traveled Central America and South Africa doing extensive research for a vaccine for yellow fever. While working in Africa, Dr. Noguchi caught yellow fever himself and died at the age of 51. He is seen the face on the 1,000-yen banknote since 2004.





Japanese Book Ranking (data provided by Kinokuniya Bookstore)

TOP MYSTERY WRITERS RULE PAPERBACK RANK

HARDCOVER TOP 5 IN JAPAN (9/8-14)

Book title	Author	Publisher
1. <i>O-gata Jibun no Setsunesho</i>	Jametsu Jametsu	Bungeisha
2. <i>Nihongo Nauryoku Shiken Jukan Ansa</i>	KNA	Bungeisha
3. <i>Gata no Ue no Ponyo</i>	Higashimura	Tokuma Shoten
4. <i>Acashi is Alive!</i>	Shunyu Arai	Shueisha
5. <i>Angata Jibun no Setsunesho</i>	Jametsu Jametsu	Bungeisha

THE MONTHLY PICK



GANE NO UTE NO PONYO

This is an "anime where" (anime-style picture book) based on writer/author Hayao Miyazaki's renowned animation film. A 6-year-old boy, Sosuke, rescues a jelly fish, Ponyo. They become good friends and Ponyo starts wishing to be a human. The crosses shores in both ocean and human world. The film was released in mid July and recorded over 10 million admissions as of the end of August. (Book #2)

PAPERBACK TOP 5 IN JAPAN (9/8-14)

Book title	Author	Publisher
1. <i>Zakuro no Hito</i>	Yoshitake Saito	Fukushima
2. <i>Yagajiru X no Kenshin</i>	Kengo Higashino	Shogin Shoin
3. <i>Nightingale no Chomoku 1</i>	Taketa Keida	Tokuyamasha
4. <i>Nightingale no Chomoku 2</i>	Taketa Keida	Tokuyamasha
5. <i>Mizu</i>	Kotaro Isaka	Kodansha

THE MONTHLY PICK



MIZU

We make Kotaro Isaka's new paperback hits rank #5. "A rainy season," Ando writes that he lives in a supernatural place or 30 miles after people speak out what he thinks. He decides to see this very mysterious person in a coastal town. It's a bigger power, politics. Originally released in 2005, and the manga series based on this novel is currently running in Shueisha Sunday magazine. (Book #3)

PICKS FROM KINOKUNIYA NEW YORK (ENGLISH BOOKS)



WHAT I TALK ABOUT WHEN I TALK ABOUT RUNNING (HARUKI MURAKAMI) — Alfred A. Knopf
Bestseller under Pencil Murakami began running to keep fit in 1982. A year later, he'd completed a solo course from Athens to Montreal, and now, after dozens of such races, set to maintain his fitness and a dozen critically acclaimed books, he reflects upon the influence the sport has had on his life and—more than importantly—on his writing.



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GINZA: Modern Architecture Tour



The name of Ginza should pop up when most people think of Tokyo, and they would see the ivory-colored stone building with a clock tower that is seemingly standing on an intersection. On the other hand, more and more stores cover Ginza's recent luxury boutiques, world-class dining scenes and cutting-edge design that inspire the global culture. That is no argument that Ginza is the center of Tokyo and that this busy commercial quarter reflects the mixture of old and new in today's Japanese society.

Ginza's positioning as cultural and commercial center was established 400 years back when then national leader Shogun Tokugawa's government located banking facilities in the area. Surviving the Great Kanto Earthquake in 1923 and the Second World War followed by the US occupation era, Ginza has been the open studio for many architects from East and West, thanks to the clean zoning development with straight grid-like streets, which gives plain free space for their new architectural inspiration.

The iconic corner clock tower is one of the historic Western-style architectures from the pre-war era in

Japan, when Japan was receiving more and more influence from the Western culture including art, pinions and architecture. Over the last few decades, Ginza has witnessed a new wave of architectural surge, which symbolizes worldwide cultural and economic focus on Tokyo with successful global brand companies.

As local Tokyoites call "Gin Buri," meaning strolling Ginza, architecture is one of the attractions that visitors should enjoy and experience today's cultural center.

MAISON HERMES (5-6-1 GINZA, CHUO-KU, TOKYO)

Among several boutiques worldwide, this is the very first brand-new construction from scratch for a Hermes' boutique. The Italian architect Renzo Piano, who designed the Pompidou center of Paris, designed this building as a large lantern with full of light by using glass blocks for the exterior walls. Glass wall allows full of sunlight to inside, but the building itself also shines just like a lantern with sunlight during the day and the warm lights after dark. Mr. Piano's

secret to express Hermes' historic craftsmanship is the 13,000 17-by-17 inch glass tiles. All made by hand in Italy, and they were not manufactured at a factory, no two tiles looks the same, and Mr. Piano makes the hand-craft elements to this architecture for the historic artisanship of the boutique.

LOUIS VUITTON MALLERIE (7-6-1 GINZA, CHUO-KU, TOKYO)

Tokyo has been the largest market for Louis Vuitton, and Ginza is the crucial location for one of their flagship stores in the world. Louis Vuitton's time-honored craftsmanship is uniquely expressed with flat square opaque stone tiles randomly sprinkled all over the very flat walls. Lights came through the tiles' opaque material, which creates high-tech elements as well as wrapping paper texture around the building's exterior. The modern flavor of the architecture is designed by Jun Aoki from Japan, who designed many other Louis Vuitton boutiques in Japan and overseas including New York City and Hong Kong.

MIKIMOTO GINZA 2 (2-4-12 GINZA, CHUO-KU, TOKYO)



Among many unique and glamorous buildings in the area, Mikimoto's second property in Ginza stands out with its design. Toyoo Ito, a Japanese architect that designed multiple buildings in Japan and all over the world, designed the world's best pearl distributor Mikimoto's boutique in Ginza. Scintillating windows

in different shapes and sizes are lit up after dark, the building appears as a luxurious jewelry box from a fantasy world. The light pink exterior brightens the building on an intersection, and the random windows reflect bubbles and pearls from the ocean bed and nature's mystical world that humans are urged to look into. This 9-story building was completed in 2005 and accommodates Mismoto's boutiques, cosmetics and gift stores.

SPAZIO BEERA GINZA (1-4-3 GINZA, CHUO-KU, TOKYO)



The world's renowned Japanese architect Kisho Kurokawa's architecture facilitates a luxurious Italian chocolate and jewelry boutique. The dome-top glass building is a new head center for Tokyo's design and fashion conscious generations with exclusive chocolate crafts molding urban professionals as well as global travelers in Tokyo. Looking up the 10-story distance to the glass dome is a one-of-a-kind view. <http://www.spaziobema.com/> (Japanese only)

DE BEERS GINZA BUILDING (2-5-15 GINZA, CHUO-KU, TOKYO)

Another famous Japanese architect, Jun Aritsu, designed the world's top diamond company's first Asian boutique. Pedestrians can't help looking up and hold up their cell phone cameras when passing by this building because of the curve shape of the building that reminds many of Salvador Dalí's artwork. Mr. Aritsu's concept was to maximize the light reflection from different directions in different hours of the day, just like a high-quality diamond generates beautiful glazes.



SWATCH GINZA (7-9-18 GINZA, CHUO-KU, TOKYO)

Swatch Group Japan that manages multiple luxury watch brands opened this new Ginza office building in May 2007. Accommodating their showrooms, boutiques and auditoriums, a world-famous Japanese architect Shigeru Ban designed this building as Avenue de l'Étoile (the avenue of stars). Well known for his very unprecedented ideas and techniques, he took the advantage of the property's location between one of Ginza's main streets Chuo Dori (Center Street) and a small side street called Akasaka Dori. He designed the street level to open as a public path that connects the two streets when the building is open at 11 a.m. The watch showrooms and boutiques

are uniquely connected, which is one of Mr. Ban's innovative architectural designs. www.swatchgroup.jp (Japanese only)



— Nishi Akasaka Public Relations Manager at the New York Office of JNTO



Japan National Tourist Organization
New York Office

One Rockefeller Plaza, Suite 1250, New York, NY 10020
TEL: 212-657-6688 www.japantourinfo.com

OLD GINZA IS STILL HERE

So what is that famous clock tower on the corner? This unforgettable icon of Ginza is built in 1932 as Mt. IC, Iwatani's import watch store, which later became Seiko Corporation, the watch's best watch company. This explains the watch tower on the building. Today the building accommodates a high-end Wako Department Store, which is also one of the historic retailers from Ginza. The clock tower rings the Millennium Quarters in every hour, the same ring from the Big Ben of London.

The building is designed by its historian in the neo-renaissance style that was very rare in Japan back in the day. Mr. Iwatani led the cutting-edge architectural style with different Western styles applied depending on the location and the facility function.

Ginza displays the legacy of Japan's modernism development that absorbed Western influences in design. Along with the cutting-edge recent styles, Ginza has

been a very unique cityscape for Ginza dwellers.

OTHER HISTORIC BUILDINGS IN GINZA

Komaba Building (5-12-12 Ginza, Chuo-ku, Tokyo) The oldest art-deco style building in Ginza built in 1928.

Tamae School (5-1-13 Ginza, Chuo-ku, Tokyo) One of the first public grade school facilities in Tokyo that re-opened eight years after the end of the Second World War. Originally built in 1909 and restored in 1979 with the French style school gates and arched windows.

Wells Building (8-2-1 Ginza, Chuo-ku, Tokyo) A Spanish style architecture built in 1931 with detailed design on the arches on the street level.

Ginza Tokai-Seimei Building (8-2-1 Ginza, Chuo-ku, Tokyo) Built in 1912 with a gentle art-deco style. Sculpted faces with Corinthian columns at the front.

What on Earth?

体育の日

TAIKU NO HI

(PHYSICAL EDUCATION DAY)

On a perfect autumn day, what would you enjoy doing? Hiking? Apple picking? Japanese people consider autumn perfect for doing things like reading, eating, and sports. After the autumnal equinox, nighttime becomes longer than daytime, and people feel like spending more time indoors and reading at night. It's also a harvest season that provides an abundance of seasonal flavor, so naturally people eat more. But playing sports is the most popular activity of the three. Since the weather is nicer and more comfortable than in other seasons, people enjoy outdoor activities. "Taiku no Hi," literally translated as "Physical Education Day," reflects this mindset of the Japanese people.

Taiku no Hi is a national holiday established in 1966 for the pur-



pose of encouraging people to obtain and maintain health, both physically and mentally, through sports. It was originally observed on October 10th, commemorating the date of the opening ceremony of the Tokyo Olympic Games in 1964. October may seem a bit late for hosting the Summer Olympic Games, but Japan had a specific reason for selecting this day: according to the meteorological statistics available at the time, October 10th was the day with the highest probability in the year of having no precipitation.

For this reason, many schools have field days on Taiku no Hi. Field days in Japan are not merely athletic competitions but also family events. Parents and relatives gather to watch their children participate in a variety of races, games, and performances. As well as regular track and field competitions, there are unique races like the *kimono kyousou* (sweater race), *ome-kui kyousou* (golden candy-eating race), *pen-kui kyousou* (hanging pestle-eating race), and *mitate-kyousou* (centipede race). Team competitions such as *tsurugi* (spear bag throwing), *ibasen* (piggyback fights), and *bou-taisho* (pole tumbling) are popular programs. In addition to these win-or-lose games, performances of *koto-kita* (drum and file band) and mass games are included in the programs to amuse the audience. The field game for both participants and audiences is always one of the highlights of the autumn day.

In 2000, the Japanese government enacted the "Happy Monday Bill" and set the date for observing Taiku no Hi on the second Monday of October. Thanks to this new bill, people can take three consecutive days off. Ironically, Taiku no Hi has not always been rain-free since then. On the other hand, October 10th is still the most likely day in the year to have no precipitation.



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<Specialty> Aomori Nebuta Festival, Aomori Kantoku Festival,
Senjutsu Festival Ryokan (Japanese Style Inn)

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ENTERTAINMENT • MUSIC

YOU TUBE BRINGS GUITAR PRODIGY, YUTO MIYAZAWA, TO INTERNATIONAL EYES.

4-year-old Yuto Miyazawa's fingers can fly across the Gibson Les Paul that looks unusually large, showing the kind of virtuosity most adults can't even emulate. Back home in Japan, he's already a celebrity appearing on numerous variety shows. Recently, *America Cries* ran on the little genius through a clip that was posted on YouTube, which finally brought him to New York this August when he performed at B.B. King Blues Club, as well as appearing on *Late Night with Conan O'Brien*. He is now officially the Gibson back record holder as the World's Youngest professional Guitarist. Chopticks NY zoomed in on this little genius to get a glimpse of his true nature off stage.

What made you take up guitar?

Yuto: I saw my father practicing the guitar for a performance and that's how I started.

So your Dad taught you?

Yuto: No. He started taking guitar when I started watching the video, and I started going to guitar shops. They had a guitar class for kids there, so I started taking lessons.

So from then on, you started liking guitar more than sports, video games, and TV, right?

Yuto: I go to the pool, so I still do sports, but I don't do things like baseball.

How much do you practice a day?

Yuto: About an hour.

What? An hour a day?

Yuto: Yup. About that much. At least 30 minutes.

Wow. And you got that good?

Yuto: I don't know. (Shy)

Are you a genius?

Yuto: I don't know. (Even more shy)

What songs do you play best?

Yuto: Ozzy Osbourne's *No. Crawley* and Eric Clapton's *Crossroads*.

Your hands are a lot smaller than an adult's.

Are you using a special guitar?

Yuto: At first, I played the smallest guitar for kids, but my brother broke it, so I started using a larger guitar, then I started using a short scale guitar "MUSTANG" at around 2006, and now I'm using the

heavier guitar "JTS PAUL."

Was this your first time in America?

Yuto: I came once in May, and came again once after that.

This time you played in front of a lot of people. What was that like?

Yuto: Hm... I realized it's very different from Japan.

How was it different?

Yuto: People don't show much excitement in Japan. Maybe there's just not a lot of people... But in America, people go so wild I couldn't even hear myself!

What was it like being on Conan? He's quite a celebrity here.

Yuto: Hmmm... Hm... (pause for a while) I think people got excited.

Did you talk to Conan?

Yuto: Um... No.

At eight years old, you've already done so many things. What are your plans now?

Yuto: Plans...? Hm... To be a pro.

What are your goals as a pro, and your dreams?

Yuto: I want to be a pro guitarist. (pause) and at school, many people are starting to play rock, so I want to get a band together, and stuff...

What's your favorite subject at school?

Yuto: History. What year did Hideyoshi Toyotomi invade the country?

Ahh... About 1580?

Yuto: Wrong! 1590. Who was the last shogun of the Edo Era?

Yoshinobu Tokugawa.

Yuto: Correct! Okay, then what year was the Siege of Osaka?

Ahh... About 1603?

Yuto: No, that's when Tokugawa Shogunate was established. Later.

Then, 1605?

Yuto: No, that's when Ieyasu Tokugawa settled in Shogun Mikasada. Later.

Hmm... then, 1606?

Yuto: No, later. What's 3 x 5?

15. Oh, it's 1615!



4-year-old Japanese guitar prodigy reveals his true colors. He can be contacted through Zendo Media (www.zendomedia.com, yuto@zendomedia.com).

Father: (laughing to the record) What kind of guitarist do you want to be, Yuto?

Yuto: A guitarist that plays Heavy Metal.

Cool, a guitarist that plays Heavy Metal, and can talk about Japanese history (laugh). Do you write your own music?

Yuto: I want to. Before, I played two original songs on a TV show in Japan, but I didn't like it. The topic was already chosen for me, and I had to write it based on that, so...

How did you learn to write songs?

Yuto: By myself.

(To Father:) Don't you help him at all?

Father: I give him suggestions, but he's never once adopted any of them yet.

Do you have plans to come back to NY?

Yuto: We do, right?

Father: Yes, in the winter.

We're looking forward to it.



event entertainment leisure

Exhibition

September 25-October 1 **FREE**

An Exhibition of Old Paintings by Shitō Kōchōrō -
Bridge of Colors

Nippon Gallery

Shitō Kōchōrō's painting is characterized by brilliant colors and dynamic, well-balanced strokes. In depicts every-day scenes with red colors, which colors the viewer's mind like a piece of lyrical poetry. On display will be 45 paintings expressing "the joyfulness and delight of human life", which has been a theme throughout all of his works. Other upcoming exhibitions which will be featured in Nippon Gallery include: *A Photo Exhibition by Tetsuya Sato "The Existence of Life"* (Oct. 3-Oct. 30) *An Exhibition of Ito Hiroshi's "Islands"* - *Like a Suede Bag Art* (Oct. 31-Jan. 31), and *An Exhibition of Japanese in contemporary "Decorative Art by Hiroshi Yoda"* (Oct. 26-Nov. 4)

Location: 141 W. 5th St. (bet 4th & 5th Ave.)

New York, NY 10011

TEL: 337-817000 / www.nippon.org

October 4-January 11

New Bamboo: Contemporary Japanese Masters

Japan Society

New Bamboo is the world's first exhibition devoted exclusively to Japanese bamboo as a sculptural medium, featuring 25 innovators who explore the tension between traditional skill and new expressive opportunities.

Location: 202E, 4th St., New York, NY 10007

TEL: 337-757256

www.japansociety.org

October 1-15 **FREE**

"Toshu Koma" in New York House Museum

NYC Lo Gallery

"Toshu" (painting on piece of wood), a very unique technique of Toshu Koma who has to be challenged several methods of artistic expression from foods like vegetables, that or bread to working tools like a scoop, bowl, hammer and

glue, all are the objects we live with. Through the exhibition "TOSHU KOMA in NEW YORK" the artist sends several messages: How many tools and goods do we need to live life in a comfortable way? The artist's affection for these articles goes with humanity for these things, and want warning to modern life, shown in *GLITCH in KARTAS*.

Location: 78 W. 23rd St. (bet 3th & 4th Ave.) **FREE**

New York, NY 10007

TEL: 337-383-7447 / www.youa.com

Performance

September 28

Hanabe Full Percussion Concert

The Yamanashi Institute

The Yamanashi Institute will host a program by percussionist Hanabe Fuyi featuring contemporary music by John Cage, Matsudaira, Jo Kaseo, Gerald Edson, and Işıl Sevinç. Appearing with Ms. Fuyi will be resident players Gohda Rika, multi-media artist Laio Bonomo, and film artist Henrik Mousal.

Location: 452 W. 23rd St. (bet 3th & 4th Ave.) New York, NY 10007

www.hanabefull.com

TEL: 914-672-6527 / hanabe@yji.jp

October 29-November 2

The Doll Season (Ningyo Season)

La MaMa and Theater Asakura

Experimental Theater Club La MaMa in the East Village will present the Japanese play moved after over 30 years since its debut in the same theater. In 1976, noted persons Saito Tetsuya and Japan's leading stage designer, Seto Aonaka, collaborated on a play called "Ningyo Shima" (The Doll Island) using both puppets and actors, combining ancient styles. The traditional conventions of the play are drawn from the bunraku and even earlier forms of doll drama. Cast includes Joe Tanaka, Kazuko Tachibana and Maki Yabu.

Location: 34 MaMa ETC House Theater

141 E. 6th St., New York, NY 10003

TEL: 337-675-7700 / www.lamama.org

Lecture/Forum/
Film/Festival

September 27-October 13

New York Film Festival Selection: "IN THE REALM OF CRYSTAL"

The Film Society of Lincoln Center

The Film Society of Lincoln Center will companion the selections of the 46th New York Film Festival by screening the North American tour of, "In the Realm of Crystal," an historical, in-depth look at one of modern cinema's essential figures. The official travel edition, a new complete retrospective of Japanese director, writer and post-war political prisoner Nagata Noboru, presents 26 titles spanning five decades, half screening in brand-new 35mm prints.

Location: Radio House Theater

20 Lincoln Center Plaza, New York, NY 10023 TEL: 337-675-6471

September 28 October 6-17, and 20-30

New York-Tokyo Film Festival (NYTTF)

New York-Tokyo

NYTTF2008 FESTIVAL is a premiere screening series representing the full spectrum of Japan's cultural side. It is composed of the most popular top ten films selected by the NYTTF audience votes this past July and August and a selection of New York-Tokyo co-productions films. NYTTF2008 FESTIVAL PART ONE will kick off on September 28th, 2008 at NYU's Center for Film Center, with a steady stream of screenings the following weeks in October, and at other key venues around New York City including Anthology Theater and Tribeca Cinema.

Info: www.nyttf.org/en/nyttf2008-festival/

TEL: 212-661-6750

info@nyttf.org

October 1 and 2 **FREE**

Film Screening: The Gatekeeper of Emoryan

The Yokoh Foundation

Christmas Gowning making stars

Tokyo Shoji, Inc.

Tokyo Shoji, a jewelry supply store which carries beads, chains and accessory components for both retail and wholesale, will offer Christmas gowning-making circles for beginners to intermediates starting from the end of October. Students will choose from a minimalist samples when applying to the class. The class fee is \$50 and up (material fee is not included) depending on the student's skill level. Other customized classes (purses, brooches, Q&A sessions) are also available. For details, call to the store.

Contact: 390-661 Ave. (bet. 4th & 5th St.) New York, NY 10018
TEL: 212-684-7461 / www.tokyo-shoji.com



Contact: 285 E. 93rd St. (bet. 2nd and 3rd Ave.) New York, NY 10029
TEL: 212-428-1218

Lunch & photo contest

Ajinomoto Frozen Foods USA

The leading frozen foods producer in the U.S., Ajinomoto Frozen Foods USA, is currently holding a lunch box photo contest, co-sponsored by Zipcar USA. Each week they will choose three superior lunchbox photos, and in the end of the contest, they will select one grand champion among the weekly winners. Application is simple: First, make fun and tasty lunch box; second, take a picture of the lunch box; and, finally, go to www.ajinomoto.com/funbox and fill out the form and upload your photo.

<http://www.ajinomoto.com>

For applications: www.ajinomoto.com/funbox

Get a free bottle of premium sake by ordering party plan and catering

KOKORO NYC

KOKORO NYC, Japanese event coordinator, offers a free bottle of premium sake for customers who choose a party plan or catering by the end of November. The company specializes in Japanese style party and catering service including sushi parties, Japanese cooking, Kimono experiences, and a variety of Japanese style arrangements. Large event spaces in Manhattan are available.

<http://www.kokoronyc.com/> TEL: 496-246-2349

Cash Tabaret for Piano/Baroque Keyboard players

Absolute Piano

Absolute Piano, specializing in piano retail as well as rental and leasing, is currently conducting a cash rebate campaign. The customers who buy Kawai's grand piano will get an instant rebate: \$100 for Digital Piano, \$200 for



Upright Piano, and \$300-\$500 for Grand Piano. The campaign will end on October 31.

1944 Ave. Ave. (bet. 5th St.) New York, NY 10018
TEL: 212-767-6173 / www.absolutepiano.com

4th anniversary open of Clinton

Sachiko on Clinton

Celebrating its 4th anniversary, Sachiko's on Clinton, taproom restaurant on the lower East Side, will offer an 8-course dinner featuring autumn seasonal delicacies for 178 (tax included). It includes: sakebake (small appetizer), sauté seared mushroom soup, porkloin crust, deep fried beef and misaki mushroom, boiled waga gourd, Sakyo style grilled cod, ankoake (sake), and dessert. For an additional \$25, you can have one bottle of pale premium sake, such as Daisuke 50 and Shinkaikeguro.

Contact: 25 Clinton St. (bet. Houston & E. River St.) New York, NY 10003

TEL: 212-252-7700 / www.sachikosushi.com



Continue having out after in drought New, hours of Nakitani place

Toraya

Toribana (the famous drawing) restaurant in Manhattan has just extended their hours until 4 a.m. Celebrating this, they are offering a few glasses of Sapporo Draft beer for Chogochi's 100 readers who visit their after midnight during Sep. 30 - Oct. 2. The extended open hours are: Tue - Sat: 5:00pm-4am; Sun and Mon: 5:30-11:00pm.

Contact: 390 E. 5th St. (bet. 3rd & 4th Ave.)

New York, NY 10002 / TEL: 372-8174800 / www.toripage.com

Spa Week Special Campaign: Laser Hair Removal for \$70

Eco Laser Tokyo

Eco Laser Tokyo, specializing in laser hair removal, joins SpaWeek October 2003 (October 17 - 23) and offers special deals such as: Underarm for \$90 (reg. \$140), Bikini for \$150 (reg. \$100), and Chin & Upper lip for \$150 (reg. \$110). For Chagochi's 100 readers, they will extend the promotion period for the entire month of October. Along with the SpaWeek special for October, they offer "7th 21 treatment area from memo and it will be \$700."

Contact: 147 W. 23rd St. (bet. Broadway & 25th St.)

New York, NY 10011

TEL: 212-431-8888 / www.ecolaser.com

Special Campaign: Sake/Glass for Two

Sachiko on Clinton



Sushi-only restaurant on the Upper East Side, Sachiko's on Clinton, now offers "Sake Dinner for Two" at a discount price. For only \$45 for two people, you can enjoy assorted sashimi appetizer (5 kinds), yakidashi appetizer, and nigiri sushi (10 per) with a bottle of Sapporo beer or Goto dry (paid). This special campaign ends the end of October. Also, extra continues regular dinner service: you'll get 20% off when you order 2 or more orders of sushi rolls and get 50% off when ordering more than 10 per of nigiri sushi.



Showcase of premium drinks: The Window of New Flavors

Wine of Japan Import, Inc. (Bifumasa Takeda, President) held a sake and shochu tasting event: showcasing 45 selected brands on September 4th at the International Hotel in New York. 21 sake buyers from Japan joined the event and brought their specialties in New York's restaurant owners, whole-sellers, and retailers. Lots of new items such as Goryeun Junmae Daiginjo (Shimadzu) and Gingsu Kogen Beer (Asahi) were also introduced and especially drew participants' attention. They were enthusiastically about talking with buyers as well as tasting exquisite flavors. Info: www.windowofjapan.com



The Unusual Powers of Japanese Manga & Anime

JAPAN
REPORT

THREE EXAMPLES THAT SHAKE THE MARKET

Japanese manga (comics) and anime (cartoons) have become incredibly popular worldwide. They have created a consumer frenzy through stuffed animals, pens, pencils, backpacks, mobile phone trinkets, t-shirts and other toys carrying the popular characters. However, in recent years, manga and anime have cast their spell and created several new and unusual phenomena in Japan.

First, books with a new manga twist are now flying off the shelves. A classic novel with a conservative cover that has been updated with a manga cover drawn by an animator or a famous manga author instantly becomes a hit. Osamu Dazai's somewhat dark and depressing book, *No Longer Human* (*Ningen Shikoku*) became an overnight sensation when the cover was changed to a manga-style cover. In the first year after the book's re-release in 2007, more than 210,000 copies were sold! The cover was created by Takeshi Okita, who also illustrates popular comic series such as *Military on Go*, *Pinkie's Day* and *Death Note*. He has also given a new manga face to Natsume Soseki's *The Heart* (*Kokoro*) and *The Wolf Screen* (*Uragoban*) by Ryunosuke Akutagawa. *The Joy Dancer* (*Uki no Dōrōdō*) by Yūsaku Kawaibata was given a facelift by Hiroaki Araki, a well-known illustrator of the popular *Juhyō* *Battle Adventure* (*Juhyō no Kiseki* or *Shōkoku*). These new, modern "pop" covers are surprisingly drawing more and more young people back to the classics.

Another manga and anime influence can be observed in public service. The "Anime, Hero, Heroine Series," a limited-edition version of Japanese postage stamps began in 2005 to highlight famous anime series and anime characters. Originally, only seven Series were to be issued. But due to the popularity of the Series, the Japan Post will continue sales through the end of this year, including Series eight and Series nine. The current series to date are: 1) *Pokémon*, 2) *Gundam*, 3) *Galaxy Express 999*, 4) *Detective Conan*, 5) *Meon Genesis Evangelion*, 6) *Future Boy Conan* and 7) *Manga Japanese Folk Tales*. "Postage" was just released in August 2008.

The third phenomenon is the influence of manga on coin collections. Shōtaro Itamori's "Masked Rider" (*Kamen Rider*) started out as a weekly comic in 1971 and eventually became a television series and a movie. A limited-edition coin collection has been created to commemorate the creator's 70th birthday, with only 7,000 sets being sold worldwide.

Manga and anime have taken Japan by storm in many new and creative ways. Who knows what will be next—possibly manga and anime characters taking over the United States? The *Spider-Verse* with a new manga cover? *Superman Can Collectors*? Never underestimate the incredible powers of manga and anime.

—Reported by Kim Chelren

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EASY, VERSATILE, AND ORIGINAL — A BIG HELP FOR THE INVENTIVE CHEF

Nobody denies that New York is the top gourmet city in the world and the place where leading chefs converge. What supports their skills and even inspires them is nothing more than reliable and high-quality ingredients. The seafood products of **Azuma Foods** meet these needs. With abundant creativity and insatiable interest in new ingredients, Akimichi Suzuki, executive chef of the popular sake bar and restaurant **Sakagura**, tries Azuma's Shrimp Sheet, a product made from 100% fresh shrimp, and Chilean Locos, which has a texture similar to that of abalone.



Chef Akimichi Suzuki has much experience in *kaiseki* (traditional, multi-course fancy dinner), and, accordingly, he has been eyes for ingredients and vessels at intricate presentations.

"Since it's already cooked and ready to go, I did not have to touch it so much to make the dish," says Chef Suzuki, showing Sauté Chilean Locos with Dashi Broth Gelée. In effect, he did no more than slice Azuma's Chilean Locos and serve it with shredded daikon and dashi broth gelée, which contrasted

pleasantly with the Chilean Locos' texture. For the final touch, he added Azuma's ruby-colored Plum Tobiko and sprinkled edible shiso flowers on top, and suddenly the dish shined as though it were a jewel box. "It is an appetizer that can be enjoyed all year round," said the chef.

Chef Suzuki notices that Azuma's products can be versatile in terms of seasoning. "The Chilean Locos that I used this time retains its distinctive natural flavor and is tasty as it is, so you can maximize it in your cooking without any additional flavor. On the other hand, it is well suited for any kind of seasoning." He then serves Sauté of Chilean Locos and Miso Mashed Mushrooms, which go very well with the nutty flavor of caramelized soy sauce and butter. This is a delicacy of seasonal seafood.

Azuma's products are so innovative that they inspire inventive dishes. Shrimp Sheet, one of Azuma's newest offerings, exemplifies this innovation. The concept that shrimp can wrap or roll around other ingredients is ground-breaking; it is not a chef's dream anymore thanks to the Shrimp Sheet. Through Azuma's original pressing process, it retains fresh shrimp flavor and plump texture as well as its dazzling color, which evokes a blooming flower waving in the soft spring sun-

The texture of sliced Chilean Locos is as soft as a melting gelée in a mouthful of delicious soy sauce combination.

Maintaining a fresh shrimp taste, Azuma's Shrimp Sheet goes well with dishes containing subtle or rich flavors.

light, Chef Suzuki uses the product in his Sesame Tofu Wrap and Shrimp Sheet as Thickened Clear Soup as well as in these different appetizers: Yu-Azuta-Itadaki-Style Shrimp Roll, Naruto-Style Fried Squid and Shrimp Roll, and Tazuna Sushi. These are all traditional Japanese dishes that he tweaked a little bit by using the Shrimp Sheet. The result is something you've never experienced. With the unique and high-quality products of Azuma Foods, top chefs can make even demanding New York gourmets happy.

Sakagura is located at 211 E. 43rd Street, 6/F, New York City. Phone: 212-652-7252.



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The silky feel of Sesame Tofu is hidden under the Shrimp Sheet. Azuma's Miso Mashed Mushrooms adds a creamy texture too.



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